



Education CALENDAR July-August 2018



MISSISSAUGA HALTON LHIN
REGIONAL LEARNING CENTRE



Ontario

Mississauga Halton Local
Health Integration Network
Réseau local d'intégration
des services de santé de
Mississauga Halton



TABLE OF CONTENTS

Quick Registration Links.....3-4

New Hire Sessions4

Summer Course Descriptions.....5-9

Family Caregiver Registration Links 10

Family Caregiver Event Descriptions 11

Off-site Education Sessions 12

How to Register..... 13-14

Cancellation & Late Policy 15

General Information 15



July-August Calendar 16-17

Quick Registration LINKS

Course Number	Course Title	Course Link
MGR/STAFF 101:	Advanced Infection Control	Click Here
STAFF 102:	Professionalism	Click Here
MGR/STAFF 106:	Gentle Persuasive Approaches	Click Here
STAFF 109:	Documentation & Reporting	Click Here
STAFF 110:	Medication Management	Click Here
STAFF 110:	Medication Management-Part One	Click Here
STAFF 110:	Medication Management-Part Two	Click Here
MGR/STAFF 112:	Safer Lifts and Transfers	Click Here
MGR/ STAFF 119:	Wound Prevention-Part One	Click Here
MGR/STAFF 119:	Wound Prevention-Part Two	Click Here

The mandate of the Mississauga Halton LHIN Regional Learning Centre is to provide education for the community support services sector and all other community agencies funded by the MH LHIN. For a list of community organizations (excluding hospitals and Long Term Care) please visit: <http://www.mississaugahaltonlhin.on.ca/aboutus/hspas.aspx>

Summer 2018 Courses

MGR/STAFF 123:	Mental Health First Aid Seniors	Click Here	
MGR/STAFF 124:	Socio-Demographic Data Collection	Click Here	
MGR/STAFF 129:	GPA Recharged	Click Here	
STAFF 130:	The Working Mind for Employees	Click Here	
MGR 131:	The Working Mind for Managers	Click Here	

MGR/STAFF 101: Advanced Infection Control for Community Workers

3 hours

Demonstrate knowledge of infection control principles. Perform best practice procedures for hand hygiene, donning and doffing personal protective equipment (PPE). Discuss antibiotic-resistant organisms (AROs). Discuss infection control techniques to stop pathogen transmission of MSRA & VRE, C-Difficile, Influenza and Varicella Zoster.

STAFF 102: Professionalism

3 hours

This course explores the concept of professionalism as it relates to the community support worker's practice. Topics that are discussed include:

- Legal and moral rights of the community care client and the principles that guide community support workers' practice
- The Regulated Health Professions Act (RHPA) and the unregulated care provider's (UCP) Scope of Practice
- Components of the Therapeutic Relationship including Communication, Professional Boundaries, Privacy & Confidentiality and Ethics
- Understanding Mission, Vision and Value statements
- Professional Organizations

MGR/PSW 106: Gentle Persuasive Approaches

7 hours

Describe the impact of dementia on the brain. Identify the principles of person-centred care and the meaning behind responsive behaviours exhibited by persons with dementia.

Describe the A's of dementia and their relation to responsive behaviours.

Apply emotional, environmental, and interpersonal communication strategies that diffuse responsive behaviours. Perform suitable, respectful self-protective and intervention techniques to use in response to protective behaviour.

STAFF 109: Documentation & Reporting

2 hours

This course explores the concepts of privacy and confidentiality as per the Personal Health Information and Protection Act (PHIPA), and the best practices for documentation and reporting. Participants are provided with tips for clear, concise and client centered documentation. Activities are designed to allow participants to improve their own documentation and reporting techniques using examples and established tools.

STAFF 110: Medication Management

3 hours

This course explores the community support worker's responsibilities when assisting with or administering medication to clients in the community. Topics that are discussed include:

- Factors that affect how well medications work
- The unregulated care provider's Scope of Practice as it relates to the Controlled Acts outlined in the Regulated Health Profession's ACT (RHPA), and to their employer's policies and procedures
- The 9 rights of Medication Management
- Review of best practices when assisting or administering medication through various routes
- Understanding various drug classifications, drug actions, and observations

New Hire Sessions

The Regional Learning Centre has set up a reoccurring set of sessions specifically for agencies that would like to send new hires to receive training.

These sessions are open to all staff, however several spaces are reserved for new hires. Staff can attend both days, or pick and choose the courses that are most helpful.

New hire sessions include Medication Management, Safer Lifts and Transfers, and Professionalism.

Summer 2018 Courses

STAFF 110: Medication Management Part One

1.5 hours

This 2-part course explores the community support worker's responsibilities when assisting with and administering medication to clients in the community. Topics will include:

- Introduction to Medications
- The Regulated Health Professions Act (RHPA)
- Understanding the support worker's role in assisting or administering medications

STAFF 110: Medication Management Part Two

1.5 hours

This 2-part course explores the community support worker's responsibilities when assisting with and administering medication to clients in the community. Topics will include:

- Medication safety
- Understanding the support workers's responsibility in ensuring safe medication assistance/administration
- Administering different formulations of medication

Courses will now be conveniently offered in two sessions for staff to attend.

Please note that in order to receive a certificate of completion for Medication Management, you are required to attend both Part One and Part Two of this course.

MGR/STAFF 112: Safer Lifts and Transfers 4 hours

This session will provide a refresher of hands on skills, and updated techniques. Participants will discuss and demonstrate the principles of safer body mechanics in relation to client handling and other activities such as cleaning. Staff will be better prepared to recognize high risk client care activities, and how injuries occur.

Gain hands-on experience using manual handling techniques and mechanical lifting equipment (Hoyer lift, ceiling lift). Staff will practice identifying different factors that contribute to falls and will discuss ways to prevent falls.

MGR/STAFF 116: Introduction to Chronic Illness 3 hours

At an introductory level, this course explores four chronic illnesses: stroke, heart failure (HF), chronic obstructive pulmonary disease (COPD) and Parkinson's disease (PD). Topics that are discussed include:

- Differences between acute and chronic illness
- The physiological changes that occur in the body with each of these chronic illnesses
- The emotional and social impact of living with a chronic illness
- Roles, responsibilities and actions of the community worker when caring for these clients

STAFF 117: Client Centered Care: Putting Patients First 3 hours

Define client centered care and identify its principles. Describe how client centered care practices the values and mission of the individual organization. Identify how your role will be enhanced in a person centered environment. Understand how to develop care practices that support client centered care.

MGR/STAFF 118: Conflict Management 3 hours

This course aims to provide the participant with tools and strategies to manage conflict in the community, the workplace or even at home. Topics that are discussed include:

- Why conflict is inevitable
- Differences between conflicts and disputes
- Factors that contribute to conflict in the workplace
- Negative and positive outcomes of conflict
- Strategies to de-escalate a difficult situation
- Tools for effective communication
- The five conflict management styles as per Thomas-Kilmann

This course is not intended for participants wanting to learn how to deal with difficult behavior in clients with a mental health illness or cognitive impairment.

MGR/STAFF 119: Wound Prevention Part 1

1.5 hours

Understand the role of frontline staff in preventing pressure ulcers and maintaining skin health of clients. Understand the risk factors for pressure ulcers, diabetic ulcers, and skin tears. Identify wound prevention strategies and learn the signs of early pressure ulcers.

MGR/STAFF 119: Wound Prevention Part 2

1.5 hours

Review wound prevention strategies including various types of pressure relief equipment. Location potential areas of pressure on the body in various positions and identify clients who are at a higher risk for skin breakdown. Hands on practice of repositioning skills and application of wound prevention strategies for a variety of situations.

Courses will now be conveniently offered in two sessions for staff to attend.

Please note that in order to receive a certificate of completion for Wound Prevention, you are required to attend both Part One and Part Two of this course.

MGR/STAFF120: Introduction to Diabetes 3 hours

At an introductory level, this course explores diabetes. Topics that are discussed in greater depth include:

- The psychological impact of diabetes on the client
- The physiological mechanism of diabetes, including the differences between Type 1 and Type 2 diabetes, symptoms of hyperglycemia and hypoglycemia
- Health complications
- The responsibility of the community worker when caring for clients with diabetes
- Nutrition for diabetes management
- How diabetes is medically managed
- The importance of self-management though healthy eating, exercise and medication

Summer 2018 Courses

MGR/STAFF124: Socio-Demographic Data Collection

3 hours

Acquire an understanding of best practices, experiences, and challenges related to asking the core 8 socio-demographic questions within the health care & community settings. Increase comfort with asking for demographic data by practicing asking the 8 questions through role play and case studies.

MGR/STAFF 123: Mental Health First Aid – Seniors

2 days (16 hours)

Participants must attend both days of an offered session consecutively to receive a certificate of completion

Course manual included

Recognize the symptoms of mental health problems or crises as they develop in seniors.

Provide the initial help to seniors and guide a senior and caregiver towards appropriate professional help. Provide strategies and resources to support both seniors and their caregivers.

MHFA Seniors is an adaptation of the MHFA Basic course that is intended to increase the capacity of staff in care settings and communities to promote mental health in seniors and intervene early when problems first emerge.

MGR/STAFF 125: Data Analysis

2 hours

This training will focus on moving forward with the socio-demographic data once it is collected, and will discuss the following:

- Data cleaning, verification and overall management strategies
- Reporting descriptive statistics and overall data trends
- Putting organizational data in the context of regional, provincial and/or national comparative population demographics

This training session is intended for organizational staff and leadership who are directly responsible for the management, analysis and reporting of socio-demographic data. A template analysis report will be shared with participants, along with strategies for accessing relevant comparative demographics.

MGR/STAFF 126: Health Equity Impact Assessment (HEIA)

3 hours

Increase familiarity with the concepts of health equity and the relationship between health equity, social determinants of health and their impact on health.

Understand the steps involved in conducting a HEIA and how to plan for successful implementation. Identify how to apply and modify the tool in your work.

MGR/STAFF 129: GPA Recharged

2 hours

Designed as a refresher for participants who completed GPA Basics within the prior two years. Delivered by a GPA Certified Coach, GPA-R enhances the skill set learned in GPA Basics, allowing participants to continue to provide compassionate, person-centered, and self-protective care in a workplace setting.

Requirements

- Completion of Full Day (8 hour) GPA Basics course

*New STAFF 130: The Working Mind for Employees

4 hours

The Working Mind is designed to address and promote mental health and reduce the stigma of mental illness in a workplace setting. It includes a focus on dispelling mental illness myths, self-assessment of mental health, and an overview of the Mental Health Continuum Model.

Please note: There is a nominal \$10.00 fee for this course. Invoices will not be issued, you will be given a receipt once the fee is received. This fee is for your certificate and goes to the Mental Health Commission of Canada.

PAYMENT PROCESS FOR The Working Mind

Payment will be collected on the date of training. Payment can be made by cash or cheque payable to Nucleus Independent Living.

Summer 2018 Courses

*New MGR 131: The Working Mind for Managers

2 half days (8 hours)

The Working Mind is designed to address and promote mental health and reduce the stigma of mental illness in a workplace setting. It includes a focus on dispelling mental illness myths, self-assessment of mental health, and an overview of the Mental Health Continuum Model. Managers receive additional training on how to create a mentally healthy work environment for employees, how to communicate with and support employees with mental health concerns, as well as workplace accommodations.

Please note: There is a nominal \$10.00 fee for this course. Invoices will not be issued, you will be given a receipt once the fee is received. This fee is for your certificate and goes to the Mental Health Commission of Canada.

PAYMENT PROCESS FOR The Working Mind

Payment will be collected on the date of training. Payment can be made by cash or cheque payable to Nucleus Independent Living.

The Working Mind



Family Caregiver Quick Registration LINKS

Course Title	Course Link
Caregiver SOS	Click Here
Stress Busters for Family Caregivers (4 Week Course)	Click Here
What is Respite?	Click Here



Mobile Caregiver Education

Does your agency work with family caregivers? Interested in expanding your family caregiver offerings?

Contact the Regional Learning Centre to inquire about Caregiver Education Sessions at your organization. Popular topics include Long Term Care, Dementia, Respite, and Self-Care.

To request a session at your location or get more information please send an email to info@mhlhinrlc.ca or call 905-829-7006.

Family Caregiver Events

Caregiver SOS

July 10, 2018

5:30-7:00 PM

in partnership with Seniors Life Enhancement Centre

Do you know what to do in case of an emergency, or when wandering or behaviours occur? Develop your own emergency plans, and learn who to call.

Session will take place at Seniors Life Enhancement Centre located at 2030 Bristol Circle, Suite 110

Stress Busters for Family Caregivers 4 Week Course

August 9, 16, 23, and 30, 2018

Learn how to regain your energy, optimism, and hope! Join us for four weeks of tips, talks, and activities to help you cope with your role as a caregiver.

What is Respite?

August 22, 2018

1:00-3:00 PM

Learn more about respite options available to family caregivers. A Community Educator and Respite Advisor will be present to answer your questions.

All sessions are free of charge.

Respite available through Seniors Life Enhancement Centre for those individuals who require it.

Questions? Questions can be directed to Sandi Robinson at 905-829-4499 ext 109.

Off-site Education

Would it be more convenient for an educator to come to you?

Not a problem! The Regional Learning Centre offers the following courses for off-site sessions.

Courses offered off-site:

Course Name	Length
Advanced Infection Control	3 hours
Client Centered Care	3 hours
Conflict Management	3 hours
Data Analysis	2 hours
Documentation	2 hours
GPA-Recharged	2 hours
HEIA- Health Equity Impact Assessment	3 hours
Introduction to Diabetes	3 hours
Introduction to Chronic Illnesses	3 hours
Professionalism	3 hours
Socio-Demographic Data Collection	3 hours

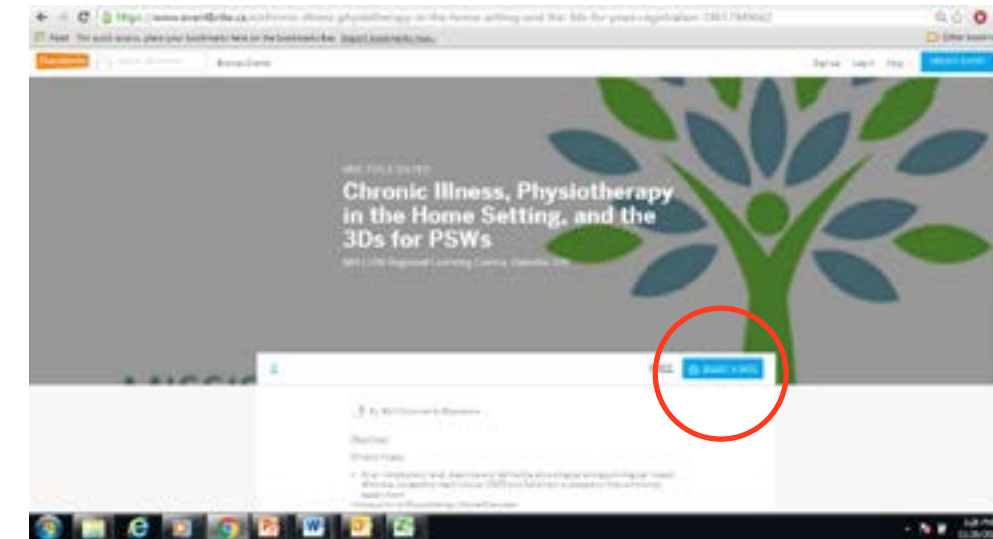
Please note that sessions have been standardized and cannot be modified for length or content. We require a minimum of **6 participants** for all off-site sessions. There is no charge for off-site sessions for MH LHIN funded agencies.

We are also able to offer the above courses during an evening or a Saturday if this is helpful for your organization.

To request a session at your location or get more information please send an email to info@mhlhinc.ca. Alternatively, please call the RLC at 905 829 7006 and an educator will be happy to discuss your request with you.

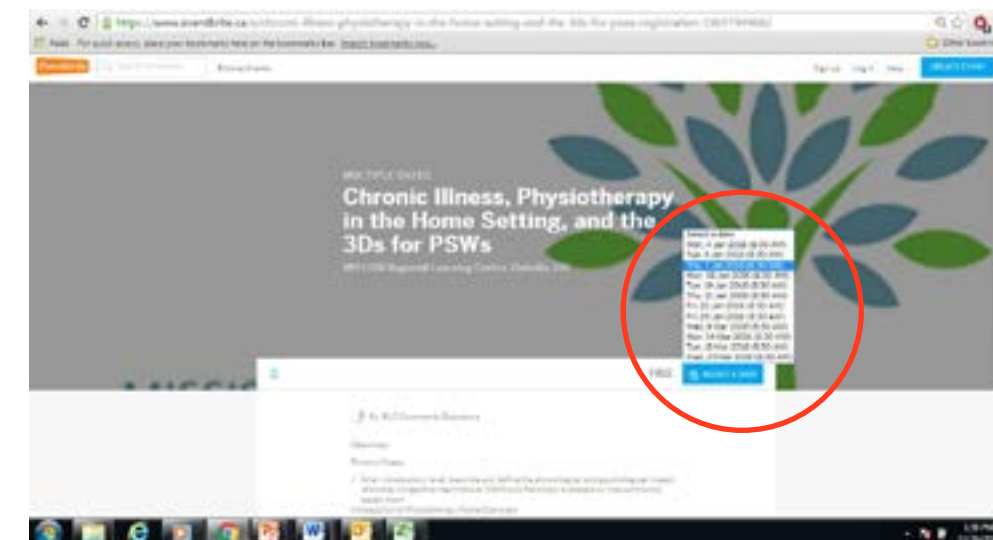
Registration Instructions for Upgraded Eventbrite Pages

Many Eventbrite registration pages now have a new look. Click on the link provided on the Quick Registration Links Page and follow the steps below to register for RLC courses using the Eventbrite platform.

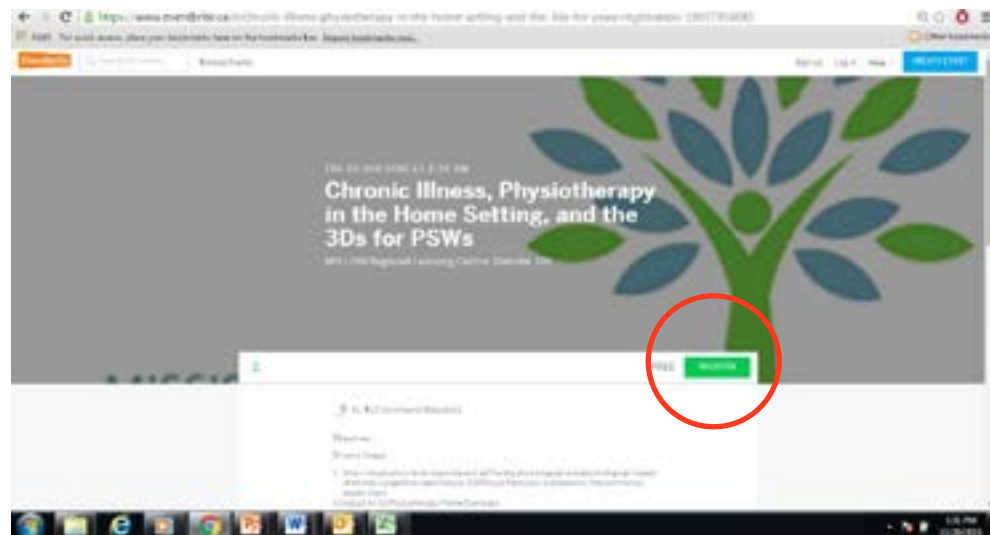


1 Select the course you are interested in from the RLC Training Calendar. Click on the corresponding registration link, which will bring you to an Eventbrite page similar to the one below.

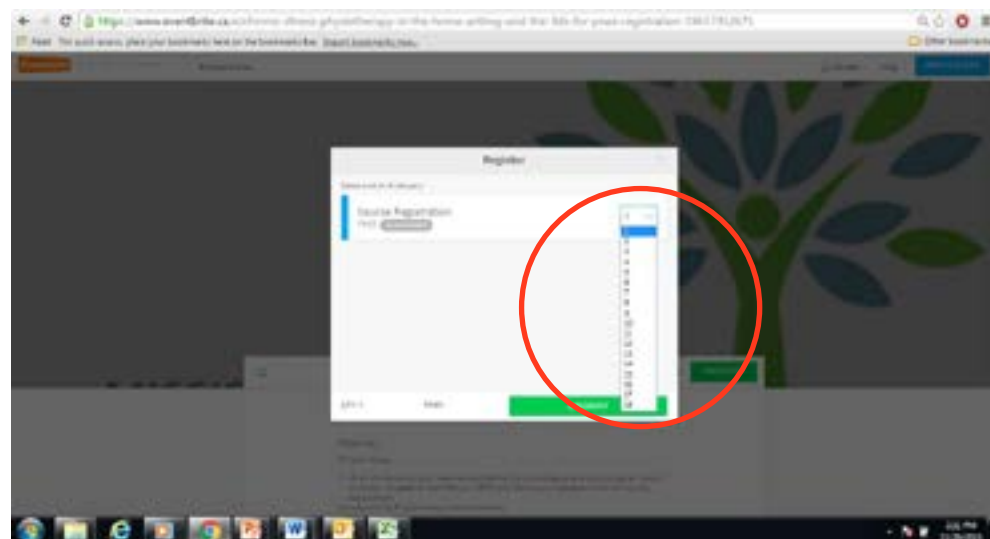
2 Click "Select a Date" (blue button).



3 A drop-box of available dates will appear. Choose the date you are interested in from the list.



4 Now click "Register" (green button).



5 Choose the number of attendees you would like to register for the session and click "Checkout" (green button). This will bring you to the usual registration page.

Cancellation Policy

Classes are subject to cancellation at **least (5) business days** prior to the scheduled course offering. If you are registered in a course that is cancelled, you will receive a notification from the Regional Learning Centre (RLC). Should you need to cancel your registration, please email registration@mhlhinrlc.ca. If you have any questions please contact the RLC at info@mhlhinrlc.ca or call 905-829-7006.

*New Late Policy

Participants are given fifteen (15) minute grace period regarding the arrival or departure time for all training sessions.

In order to reduce disruptions to the participants and the facilitator, and to ensure that you experience the maximum benefit, participants that do not arrive within the allotted fifteen (15) minutes, will not be permitted to attend the training. Participants will be asked to sign up for the next session which fits their schedule.

General Information

Location
 Mississauga Halton LHIN
 Regional Learning Centre
 2030 Bristol Circle, Suite 205 and 202
 Oakville, ON L6H 0H2

Lunch will not be provided for full day courses

Questions?
 Questions can be directed to
info@mhlhinrlc.ca

Facilitators
 Taryn Bolt OT Reg. (Ont.)
 Sandi Robinson MSW , RSW
 Kiran Ghatora, RN,MN
 Marcia Annamunthodo, RN, BscN, MS(N), CCHN (C)

July 2018

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1	2 Statutory Holiday	3	4	5	6	7
8	9 Medication Management Part 1 1:00-2:30 The Working Mind Day 1 (Managers) 12:30-4:30	10 Caregiver SOS 5:30-7:00 GPA-Recharged 1:00-3:00	11	12 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	13 NEW HIRE DAY 2 Professionalism 9:00-12:00	14
15	16 The Working Mind Day 2 (Managers) 12:30-4:30	17 Documentation 1:00-3:00	18	19	20	21
22	23 Medication Management Part 2 1:00-2:30	24 Medication Management 1:00-4:00	25 The Working Mind (Employees) 12:30-4:30	26 Advanced Infection Control 9:00-12:00	27	28
29	30	31	1	2	3	4

RLC Classes for Staff

RLC Classes for Managers

Family Caregiver Events

Classes for Staff and Managers

August 2018

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

			1	2	3	4
5	6 Civic Holiday	7	8 GPA 8:30-4:30	9 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00 Stress Busters Day 1 9:30-12:00	10 NEW HIRE DAY 2 Professionalism 9:00-12:00	11
12	13 The Working Mind (Employees) 12:30-4:30	14 MHFA – Seniors Day 1 8:30-4:30 The Working Mind Day 1 (Managers) 12:30-4:30	15 MHFA – Seniors Day 2 8:30-4:30	16 Wound Prevention Part 1 1:00-2:30 Stress Busters Day 2 9:30-12:00	17	18
19	20 Socio Demographic Data Collection 9:00-12:00	21 Conflict Management 9:00-12:00 The Working Mind Day 2 (Managers) 12:30-4:30	22 What is Respite? 1:00-3:00	23 Wound Prevention Part 2 1:00-2:30 Stress Busters Day 3 9:30-12:00	24	25
26	27	28 Medication Management 1:00-4:00	29	30 Stress Busters for Family Caregivers Day 4 9:30-12:00	31	1

RLC Classes for Staff

RLC Classes for Managers

Family Caregiver Events

Classes for Staff and Managers

The Regional Learning Centre is a nut free and scent free space - Thank you!

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Mississauga Halton LHIN Regional Learning Centre
2030 Bristol Circle, Suite 205 and 202
Oakville, Ontario L6H 0H2
Tel 905.829.7006

