



Education  
**CALENDAR**  
September -December  
2018



MISSISSAUGA HALTON LHIN  
REGIONAL LEARNING CENTRE



**Ontario**  
Local Health Integration  
Network





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# Quick Registration LINKS

Course Number	Course Title	Course Link
<b>MGR/STAFF 101:</b>	Advanced Infection Control	<a href="#">Click Here</a>
<b>STAFF 102:</b>	Professionalism	<a href="#">Click Here</a>
<b>MGR/STAFF 104:</b>	interRAI™ CHA Core and Functional Supplement <u>Refresher Training</u>	<a href="#">Click Here</a>
<b>MGR/STAFF 105:</b>	interRAI™ CHA CAPs and Care Planning	<a href="#">Click Here</a>
<b>MGR/STAFF 106:</b>	Gentle Persuasive Approaches™	<a href="#">Click Here</a>
<b>STAFF109:</b>	Documentation & Reporting	<a href="#">Click Here</a>
<b>STAFF110:</b>	Medication Management	<a href="#">Click Here</a>
<b>STAFF 110:</b>	Medication Management-Part One	<a href="#">Click Here</a>
<b>STAFF 110:</b>	Medication Management-Part Two	<a href="#">Click Here</a>
<b>MGR/STAFF 112:</b>	Safer Lifts and Transfers	<a href="#">Click Here</a>
<b>MGR/STAFF 113:</b>	Introduction to Palliative Care	<a href="#">Click Here</a>
<b>STAFF117:</b>	Client Centred Care	<a href="#">Click Here</a>
<b>STAFF 118:</b>	Conflict Management	<a href="#">Click Here</a>

The mandate of the Mississauga Halton LHIN Regional Learning Centre is to provide education for the community support services sector and all other community agencies funded by the MH LHIN. For a list of community organizations (excluding hospitals and Long Term Care) please visit: <http://www.mississaugahaltonlhin.on.ca/aboutus/hsps.aspx>

<b>MGR/ STAFF 119:</b>	Wound Prevention-Part One	<a href="#">Click Here</a>
<b>MGR/STAFF 119:</b>	Wound Prevention-Part Two	<a href="#">Click Here</a>
<b>MGR/STAFF 120:</b>	Chronic Disease- Diabetes	<a href="#">Click Here</a>
<b>MGR/STAFF 121:</b>	Introduction to Urinary Continence	<a href="#">Click Here</a>
<b>MGR/STAFF 123:</b>	Mental Health First Aid -Seniors™	<a href="#">Click Here</a>
<b>MGR/STAFF 124:</b>	Socio-Demographic Data Collection	<a href="#">Click Here</a>
<b>MGR/STAFF 125:</b>	Data Analysis	Off-site session request
<b>MGR/STAFF 126:</b>	Health Equity Impact Assessment (HEIA)	Off-site session request
<b>MGR/STAFF128:</b>	Two Day interRAI™ CHA Core and Functional Supplement Training	<a href="#">Click Here</a>
<b>MGR/STAFF 129:</b>	GPA Recharged™	<a href="#">Click Here</a>
<b>STAFF 130:</b>	The Working Mind™ for Employees	<a href="#">Click Here</a> 
<b>MGR 131:</b>	The Working Mind™ for Managers	<a href="#">Click Here</a> 

<b>MGR 132:</b>	Brief Action Planning™	<a href="#">Click Here</a> 
<b>MGR 133:</b>	Introduction to 2SLGBTQ+ and Health Needs	<a href="#">Click Here</a> 
<b>MGR/STAFF 134:</b>	Cultural Competence	<a href="#">Click Here</a>
<b>MGR/STAFF 135:</b>	Chronic Disease: Introduction to Stroke and Heart Failure	<a href="#">Click Here</a>
<b>MGR/STAFF 136:</b>	Chronic Disease: Introduction to Chronic Obstructive Pulmonary Disease and Parkinson's Disease	<a href="#">Click Here</a>

## New Hire Sessions

The Regional Learning Centre has set up a reoccurring set of sessions specifically for agencies that would like to send new hires to receive training.

These sessions are open to all staff, however several spaces are reserved for new hires. Staff can attend both days, or pick and choose the courses that are most helpful.

New hire sessions include Medication Management, Safer Lifts and Transfers, and Professionalism.

# Fall 2018 Courses

## MGR/STAFF 101: Advanced Infection Control for Community Workers

3 hours

This course explores infection control specific to client care in community settings. Topics will include:

- The principles of infection control
- Best practice procedures for hand hygiene, donning and doffing personal protective equipment (PPE)
- Antibiotic resistant organisms (AROs)
- Infection control techniques to stop pathogen transmission such as MSRA and VRA, C-Difficile, Influenza, and Varicella Zoster (Shingles)

## STAFF 102: Professionalism

3 hours

This course explores the concept of professionalism as it relates to the community support worker's practice. Topics that are discussed include:

- Legal and moral rights of the community care client and the principles that guide community support workers' practice
- The Regulated Health Professions Act (RHPA) and the unregulated care provider's (UCP) Scope of Practice
- The therapeutic relationship and client centered care

## MGR/STAFF 104: interRAI™ CHA Core and Functional Supplement Refresher

7 hours

A full day workshop where assessors will:

- Validate their knowledge of coding the interRAI CHA
- Improve their coding accuracy of the interRAI CHA
- Increase their confidence in using the information to facilitate client centered care and evaluate the care plan.

### **Pre-requisites**

- Previous training in interRAI CHA coding is required
- The completion of at least 10 interRAI CHA assessments is recommended
- Participants must have completed the Two Day interRAI CHA Core and Functional Supplement training to attend this session

**Note:** It is recommended that assessors who attended the Two Day interRAI CHA complete a refresher module annually.

## MGR/STAFF 105: interRAI™ CHA CAPs and Care Planning

3 hours

A half day workshop for participants who have attended interRAI CHA 2 day training. Topics to be included:

- The importance of accurate coding to ensure a valid CAPs report
- The link between information gathered in the interRAI CHA assessment and the triggered CAPs and Outcome Measures and Scales
- How CAPs focuses on the client's function and quality of life, by considering their needs, strengths, and preferences
- The importance of addressing all triggered CAPs in the development of a care plan

## MGR/STAFF 106: Gentle Persuasive Approaches™ (GPA)

7 hours

This full day course aims to provide the participant with tools and strategies to safely and effectively manage responsive behaviours. Topics that are discussed include:

- The impact of dementia on the brain
- Principles of person centered care
- The meaning behind responsive behaviours exhibited by persons with dementia
- The A's of dementia and their relation to responsive behaviours
- Application of emotional, environmental, and interpersonal communication strategies that diffuse responsive behaviours
- Perform suitable, respectful self-protective and intervention techniques to use in response to protective behaviours

The session is delivered by a GPA certified coach.

## STAFF 109: Documentation

2 hours

This course explores the best practices for documentation and reporting. Topics will include:

- Tips for clear, concise and client-centred documentation
- Concepts of privacy and confidentiality as per the Personal Health Information Protection Act (PHIPA)
- Situation, Background, Assessment and Recommendation (SBAR) process for reporting

# Fall 2018 Courses

## STAFF 110: Medication Management

3 hours

This course explores the community support worker's responsibilities when assisting with or administering medication to clients in the community. Topics will include:

- Factors that affect how well medications work
- The unregulated care provider's Scope of Practice as it relates to the Controlled Acts outlined in the Regulated Health Professions Act (RHPA)
- Safe medication management processes, including best practice when assisting or administering medication through various routes

## STAFF 110: Medication Management Part One

1.5 hours

This 2-part course explores the community support worker's responsibilities when assisting with and administering medication to clients in the community. Topics will include:

- Introduction to Medications
- The Regulated Health Professions Act (RHPA)
- Understanding the support worker's role in assisting or administering medications

# Fall 2018 Courses

## STAFF 110: Medication Management Part Two 1.5 hours

This 2-part course explores the community support worker's responsibilities when assisting with and administering medication to clients in the community. Topics will include:

- Medication safety
- Understanding the support worker's responsibility in ensuring safe medication assistance/administration
- Administering different formulations of medication
- The Regulated Health Professions Act (RHPA)

Please note: In order to receive a certificate of completion, you must complete both sessions of the 2 part course in sequential order.

## MGR/STAFF 112: Safer Lifts and Transfers 4 hours

This course will provide a refresher of hands on skills and updated techniques. Participants are advised to wear comfortable footwear. Topics that are discussed/practiced include:

- Principles of safer body mechanics
- The difference between lifts and transfers
- How injuries can occur to care providers
- Recognition of high risk client activities
- Using a Hoyer lift, sit-stand lift, and ceiling track lift
- Assisting a client with a variety of manual transfers
- Identification of factors that will contribute to client falls
- Falls prevention in the community

## MGR/STAFF 113: Introduction to Palliative Care 7 hours

This course explores the principles and philosophy of palliative care. Topics will include:

- Self-assessment of values and beliefs of death and dying
- Communicating with clients and families who are living with a life-limiting illness
- The physical, psychological and spiritual changes associated with dying
- The support worker's role in maximizing their clients' comfort and quality of life

## STAFF 117: Client Centred Care: Putting Patients First 3 hours

This course explores the principles of client centered care. Topics will include:

- The community support worker's role in a client centered environment
- How to develop care practices that support client centered work
- Communication strategies to support client centered care

## STAFF 118: Conflict Management 3 hours

This course aims to provide the participant with tools and strategies to manage conflict in the community, the workplace or even at home. Topics that are discussed include:

- Negative and positive outcomes of conflict
- Factors that contribute to conflict in the workplace
- Strategies and tips to prevent and manage conflict

This course is not intended for participants wanting to learn how to deal with difficult behavior in clients with a mental health illness or cognitive impairment.

## MGR/STAFF 119: Wound Prevention Part One 1.5 hours

This two-part course covers the role of frontline staff in preventing pressure ulcers and maintaining the skin health of clients. Topics will include:

- Risk factors for skin tears and pressure ulcers
- Describe the signs, symptoms, and causes of pressure ulcers
- Wound prevention methods

## MGR/STAFF 119: Wound Prevention Part Two 1.5 hours

This 2-part course covers the role of frontline staff in preventing pressure ulcers and maintaining the skin health of clients. Topics will include:

- Wound prevention methods
- Identifying potential areas where pressure ulcers can develop
- Identifying clients who are at a higher risk for skin breakdown
- Hands on practice of repositioning skills

Please note: In order to receive a certificate of completion, you must complete both sessions of the 2 part course in sequential order.

# Fall 2018 Courses

## MGR/STAFF 120: Chronic Disease- Diabetes 3 hours

At an introductory level, this course explores diabetes. Topics will include:

- The impact of diabetes on the individual, family, and their workplace
- The physiological changes that occur with diabetes and health complications
- The mental, physical, and social impact of living with diabetes
- How the community support worker can support client's self-management efforts (e.g. nutrition, blood sugar monitoring, and use of medications)

## MGR/STAFF 121: Introduction to Urinary Continence in partnership with Trillium Health Partner Continence Nurses 3 hours

This course explores the topic of continence. Topics will include:

- Learning how to discuss the topic of urinary incontinence with clients.
- How to differentiate between different types of urinary incontinence.
- Understanding conservative measures to promote urinary continence.
- Understanding when to ask for more help with clients with urinary incontinence.
- Understand the signs and symptoms of a true urinary tract infection.
- Apply learning to a case study

# Fall 2018 Courses

## MGR/STAFF 123: Mental Health First Aid – Seniors™

2 consecutive days (16 hours)

\*Participants must attend both days of an offered session consecutively to receive a certificate of completion\*

MHFA-Seniors is an adaptation of the MHFA Basics course that is intended to increase the capacity of staff in care settings and communities to promote mental health in seniors and intervene early when problems first emerge. The aims of the program include:

- Recognition of the symptoms of mental health problems or crises as they develop in seniors
- How to provide the initial help to seniors and guide a senior and their caregiver towards appropriate professional help
- Strategies and resources to support both seniors and their caregivers

## MGR/STAFF 124: Socio-Demographic Data Collection

3 hours

This course was created to support the collection of socio-demographic data in the MH LHIN by community agencies. Content for this course includes:

- Best practices, experiences, and challenges related to asking the core 8 socio-demographic questions within the health care & community settings
- Asking the 8 questions through role play and case studies.

**Pre Requisite:** This part consists of a 40 minute video which will lead you through the introduction for the training. This video should be viewed prior to attending the in-person training session. The link to the video will be included in the Eventbrite registration communication you will receive once registered.

## MGR/STAFF 125: Data Analysis

2 hours

This training will focus on moving forward with the socio-demographic data process once it is collected. Topics to be discussed include:

- Data cleaning, verification, and overall management strategies
- Reporting the descriptive statistics and overall data trends
- Putting organizational data in the context of regional, provincial, and/or national comparative population demographics
- The training session is intended for organizational staff and leadership who are directly responsible for the management, analysis, and reporting of socio-demographic data

## MGR/STAFF 126: Health Equity Impact Assessment (HEIA)

3 hours

This training will discuss the following:

- Increase familiarity with the concepts of health equity
- The relationship between health equity, social determinants of health and their impact on health
- The steps involved in conducting a HEIA and how to plan for successful implementation
- How to apply and modify the tool in your work

## MGR/PSW 128: Two Day interRAI CHA Core and Functional Supplement Training™

2 days (16 hours)

\*Participants must attend both days of an offered session consecutively to receive a certificate of completion\*

A comprehensive two-day workshop where assessors will learn:

- How to complete the interRAI CHA Core Assessment and Functional Supplement
- How to use the interRAI CHA manual to ensure standardized coding of the assessment
- The importance of accurate coding to ensure a valid CAPs report
- The link between information gathered in the interRAI CHA assessment and the triggered CAPs and Outcome Measures and Scales.

### Course Requirements

Aligning with the interRAI organization licensing agreement, each organization is **REQUIRED** to purchase a CHA Canadian interRAI Community Health Assessment Form and User's Manual from interRAI Print Catalog for each assessor.

In addition, we strongly recommend that organizations purchase the interRAI Clinical Assessment Protocols (CAPs) Manual for reference.

Please visit the [interRAI™ website](http://interRAI.com) for more information on purchasing a manual. There are hard-copies, and electronic copies available.

Please note: Attendees will not be allowed to participate in the course if their organization has not purchased the required materials. Our policy prohibits registrants from participating without the required course materials. We apologize for any inconveniences this may cause.

# Fall 2018 Courses

If you have any questions or concerns regarding your organizations participation in RLC interRAI™ CHA course offerings, please do not hesitate to contact [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca)

## MGR/STAFF129: Gentle Persuasive Approaches (GPA) Recharged™

2 hours

This refresher training is for participants who have completed the 8 hour GPA Basics course within the last two years. The session is delivered by a GPA Certified Coach.

- GPA-R enhances the skill set learned in GPA Basics, allowing participants to continue to provide compassionate, person-centered, and self-protective care in a workplace setting.

### Requirements

- Completion of Full Day (8 hour) GPA Basics course

# Fall 2018 Courses

## STAFF 130: The Working Mind™ for Employees

4 hours

This course explores mental health in the workplace. Topics will include:

- The Mental Health Continuum Model
- Self-assessment and promotion of mental health
- Reducing stigma in the workplace

**Please note:** There is a nominal \$10.00 fee for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

## MGR 131: The Working Mind™ for Managers

2 half days (8 hours)

\*Participants must attend both days of an offered session consecutively to receive a certificate of completion\*

This course explores mental health in the workplace. Topics will include:

- The Mental Health Continuum Model
- Strategies to create a mentally healthy workplace
- Communicating with and supporting employees with mental health concerns
- The role and responsibilities of managers specific to workplace accommodations for mental health concerns

**Please note:** There is a nominal \$10.00 fee for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

The Working Mind



### PAYMENT PROCESS FOR THE WORKING MIND

Payment must be received within **3 business days** prior to the date of training. Currently we will be accepting payment by certified cheques only. Cheques must be made payable to Nucleus Independent Living. Please send all cheques to:

ATTN: The Working Mind  
MH LHIN Regional Learning Centre  
2030 Bristol Circle, Suite 205  
Oakville, ON L6H 0H2

Invoices will be issued upon request. A receipt of payment will be given on the training date to confirm payment has been received. NO REFUNDS will be granted, however, substitutions are welcomed. Substitutions must be forwarded to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) 24 hours prior to date of training.

Please note that staff will not be allowed to participate in the scheduled training at the Regional Learning Centre if payment has not been received in accordance to the outlined policy. No exceptions will be given.

Any questions or concerns can be emailed to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) or call 905-829-7006.

# Fall 2018 Courses

## MGR 132: Brief Action Planning™ (BAP)

4 hours

Brief Action Planning (BAP) is intended for individuals who work with clients and/or family caregivers. It is a self-management support technique that involves a structured step-by-step process to help clients and families set goals and make concrete action plans. You will learn the core principles of brief action planning including:

- Motivational Interviewing
- Behavioural change theory and research
- Emphasizing compassion, acceptance, partnership, and evocation to support clients/patients to make changes that are important to them

For more information, or to see if you would be suitable for the course, please contact 905-829-7006 or email [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca)

## MGR/STAFF 133: 2SLGBTQ+ and Health Needs

in partnership with Rainbow Health Ontario

3 hours

This interactive workshop provides an overview of 2SLGBTQ+ in North America and a global perspective. The session addresses the history of 2SLGBTQ+, exploring the differences between sex and gender, sexual behavior versus sexual orientation and exploring gender identity and gender expressions. The participants will learn of various 2SLGBTQ+ terms and definitions, and health needs of gender independent children (GIC), 2SLGBTQ+ youth, adults, seniors, francophone, and racialized and newcomer 2SLGBTQ+ communities. We will explore an overview of trans related care; transition, hormones, access to transition related surgeries (TRS), inclusive pronouns and language, OHIP card, and all gender washrooms. The session used a blended learning style using didactic, videos, quiz/exercises and case scenarios.

### Learning Objectives

- Deconstruct 2SLGBTQ+ and stereotypes
- Gender identities and gender expressions; going beyond the binary
- Sexual behaviors vs. sexual orientations; broadening the definition of sexual fluidity
- Increase confidence to provide cultural competent services and programs to 2SLGBTQ+ communities



Rainbow Health Ontario

# Fall 2018 Courses

## MGR/STAFF 134: Cultural Competence in partnership with Maximize your Health 3 hours

This course provides an introduction to cultural competence for frontline staff. Topics to be discussed will include:

- Understanding the meanings of culture and cultural competence.
- Recognizing how personal biases affect the person and/or family and the provider relationship.
- Describing the relationship between cultural competence and family-centered care.
- Applying collaborative conversation techniques in community settings.

## MGR/STAFF 135: Chronic Disease- Introduction to Stroke and Heart Failure 3 hours

This course explores stroke and heart failure at an introductory level. Topics will include:

- The difference between acute and chronic disease
- The physiological changes that occur with each chronic disease
- How to identify and respond to changes in client's condition
- How the community worker can support client's self-management efforts

## MGR/STAFF 136: Chronic Disease- Introduction to Chronic Obstructive Pulmonary Disease and Parkinson's Disease 3 hours

This course explores chronic obstructive pulmonary disease and Parkinson's disease at an introductory level. Topics will include:

- The mental, physical and social impact of living with a chronic disease
- The physiological changes that occur with each chronic disease
- Strategies to assist clients with activities of daily living
- How the community support worker can support client's self-management efforts



# Family Caregiver Quick Registration LINKS

Course Title	Course Link
Long Term Care and Wait-listing	<a href="#">Click Here</a>
Stress Busters for Family Caregivers (4 Week Course)	<a href="#">Click Here</a>
Inspiration and Insights for Family Caregivers: Conference 2018	<a href="#">Click Here</a>
Caregiver SOS	<a href="#">Click Here</a>

## Mobile Caregiver Education

Does your agency work with family caregivers? Interested in expanding your family caregiver offerings?

Contact the Regional Learning Centre to inquire about Caregiver Education Sessions at your organization. Popular topics include Dementia, Respite, and Self-Care.

To request a session at your location or get more information please send an email to [info@mhlinrlc.ca](mailto:info@mhlinrlc.ca) or call 905-829-7006.





# Family Caregiver Events

## Long Term Care and Wait-listing

in partnership with MH LHIN Home and Community Care

September 19, 2018

1-3:30 PM

Everything you wanted to know but didn't know who to ask! The Mississauga Halton LHIN Home and Community Care will present on Long Term Care.

## Stress Busters for Family Caregivers

4 Week Course

September 10, 17, 24 and October 1 2018

October 29 and November 5, 12, 19 2018

1-3:30pm

Learn how to regain your energy, optimism, and hope! Join us for four weeks of tips, talks, and activities to help you cope with your role as a caregiver.

## Inspiration and Insights for Family Caregivers Event

in partnership with Adult Day Services

October 24, 2018

10:00-3:00 PM

Join us for inspirational speakers, fun activities, and education for family caregivers. Event registration is free and includes onsite parking and a catered lunch.

Complimentary respite available, and must be pre-arranged. Be sure to tell your caregivers about it!

This event is open to individuals who provide care, support, guidance to family, friends, and/or any person they identify in their own care network.

## Caregiver SOS

November 29, 2018

1-3:30 PM

Do you know what to do in case of an emergency, or when wandering or behaviours occur? Develop your own emergency plans, and learn who to call.

All sessions are free of charge.

Respite available through Seniors Life Enhancement Centre for those individuals who require it.

Questions? Questions can be directed to Sandi Robinson at 905-829-4499 ext 109.

# Off-site Education

Would it be more convenient for an educator to come to you?

Not a problem! The Regional Learning Centre offers the following courses for off-site sessions:

Courses offered off-site:

Course Name	Length
Advanced Infection Control	3 hours
Client Centred Care	3 hours
Chronic Disease- Stroke, Heart Failure	3 hours
Chronic Disease-COPD, Parkinson's Disease	3 hours
Conflict Management	3 hours
Data Analysis	2 hours
Documentation	2 hours
Chronic Disease-Diabetes	3 hours
GPA Recharged™	2 hours
HEIA – Health Equity Impact Assessment	3 hours
Medication Management	3 hours
Socio-Demographic Data Collection	3 hours
The Working Mind™ for Managers	8 hours
The Working Mind™ for Employees	4 hours

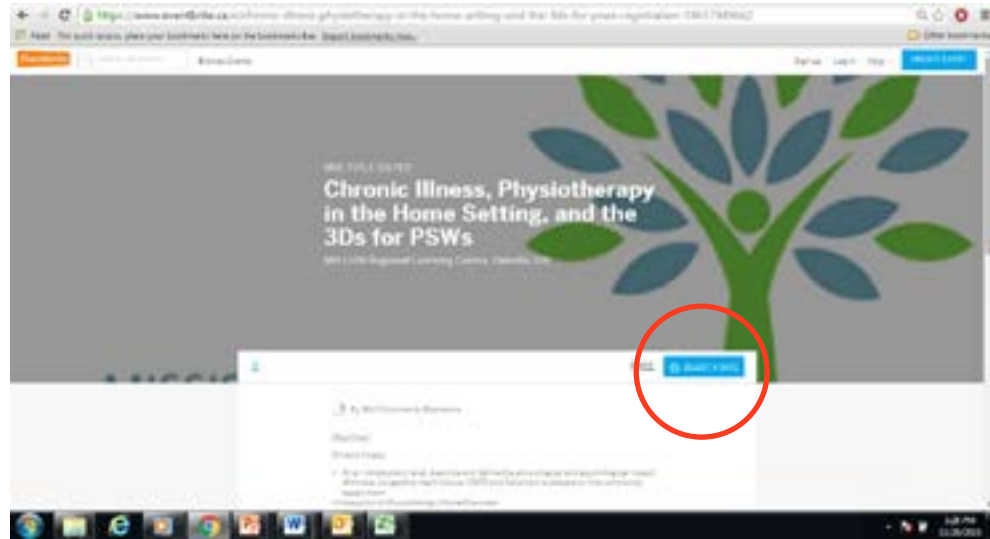
Please note that sessions have been standardized and cannot be modified for length or content. We require a minimum of **6 participants** for all off-site sessions.

We are also able to offer the above courses during an evening or a Saturday if this is helpful for your organization.

To request a session at your location or get more information please send an email to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca). Alternatively, please call the RLC at 905 829 7006 and an educator will be happy to discuss your request with you.

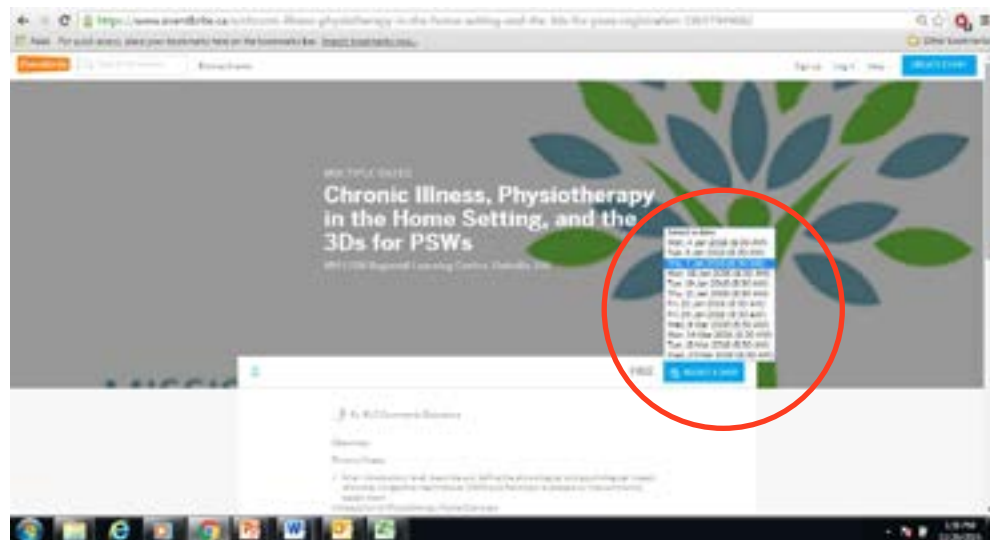
# Registration Instructions for Upgraded Eventbrite Pages

Many Eventbrite registration pages now have a new look. Click on the link provided on the Quick Registration Links Page and follow the steps below to register for RLC courses using the Eventbrite platform.

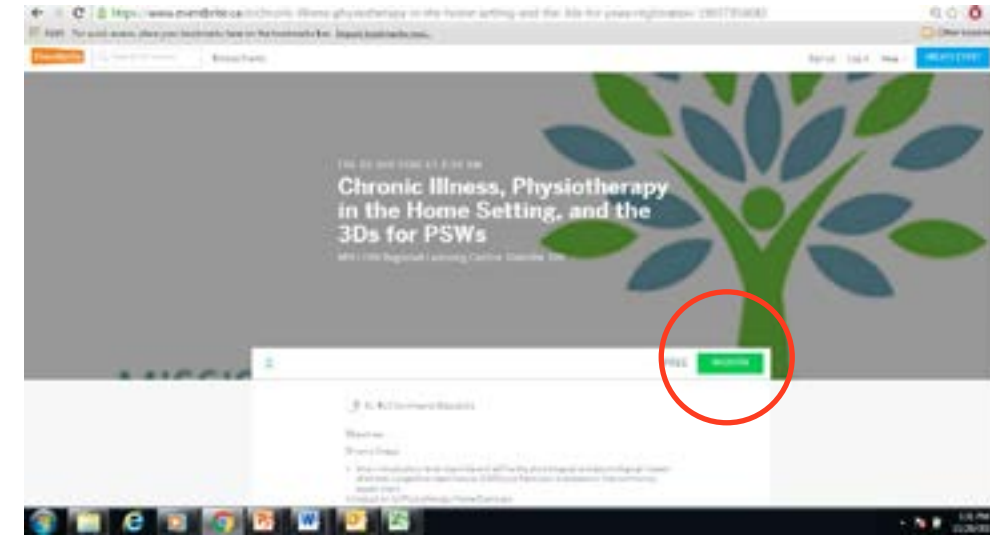


1 Select the course you are interested in from the RLC Training Calendar. Click on the corresponding registration link, which will bring you to an Eventbrite page similar to the one below.

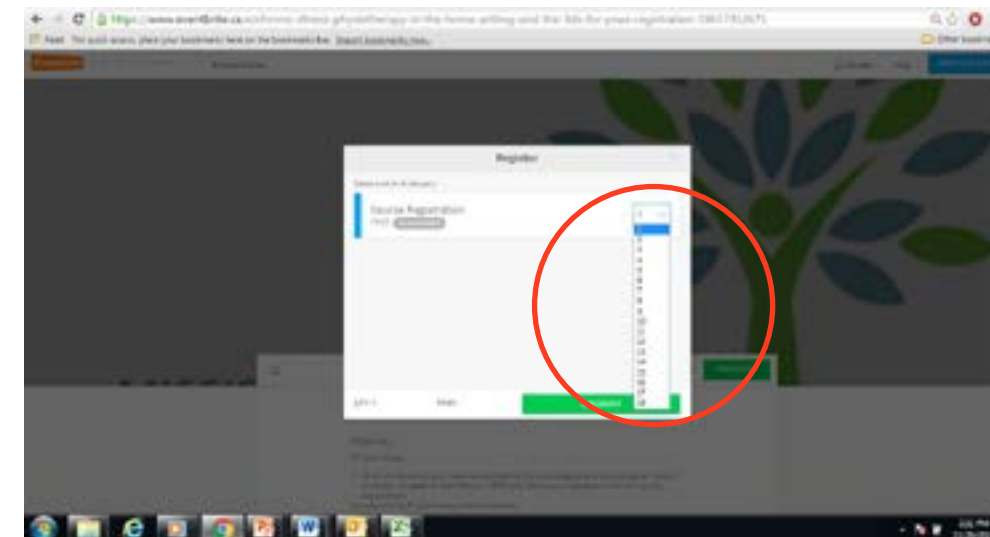
2 Click "Select a Date" (blue button).



3 A drop-box of available dates will appear. Choose the date you are interested in from the list.



4 Now click "Register" (green button).



5 Choose the number of attendees you would like to register for the session and click "Checkout" (green button). This will bring you to the usual registration page.

# Cancellation Policy

Classes are subject to cancellation at **least (5) business days** prior to the scheduled course offering. If you are registered in a course that is cancelled, you will receive a notification from the Regional Learning Centre (RLC). Should you need to cancel your registration, please email [registration@mhlhinrlc.ca](mailto:registration@mhlhinrlc.ca). If you have any questions please contact the RLC at [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) or call 905-829-7006.

## Late Policy

Participants are given fifteen (15) minute grace period regarding the arrival or departure time for all training sessions.

In order to reduce disruptions to the participants and the facilitator, and to ensure that you experience the maximum benefit, participants that do not arrive within the allotted fifteen (15) minutes, will not be permitted to attend the training. Participants will be asked to sign up for the next session which fits their schedule.

## General Information

**Location**  
 Mississauga Halton LHIN  
 Regional Learning Centre  
 2030 Bristol Circle, Suite 205 and 202  
 Oakville, ON L6H 0H2

Lunch will not be provided for full day courses

**Questions?**  
 Questions can be directed to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca)

**Facilitators**  
 Taryn Bolt OT Reg. (Ont.)  
 Sandi Robinson MSW, RSW  
 Kiran Ghatora, RN, MN  
 Marcia Annamunthodo, RN, BscN, MS(N), CCHN (C)

# September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5 Client Centred Care 1:00-4:00	6 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	7 NEW HIRE DAY 2 Professionalism 9:00-12:00	8
9	10 Stress Busters for Family Caregivers Day 1 1:00-3:30	11 The Working Mind Day 1 (Managers) 12:30-4:30	12 Chronic Disease HF, Stroke 1:00-4:00 Safer Lifts and Transfers 8:30-12:30	13 Conflict Management 9:00-12:00	14 Brief Action Planning 8:30-12:30	15
16	17 Stress Busters for Family Caregivers Day 2 1:00-3:30	18 The Working Mind Day 2 (Managers) 12:30-4:30	19 Long Term Care and Wait-listing 1:00-3:30	20 Medication Management Part 1 1:00-2:30	21	22
23	24 Stress Busters for Family Caregivers Day 3 1:00-3:30	25 The Working Mind Employees 12:30-4:30	26 GPA 8:30-4:30	27 Medication Management Part 2 9-10:30 Documentation 1:00-3:00	28	29
30						

RLC Classes for Staff

RLC Classes for Managers

Family Caregiver Events

Classes for Staff and Managers

The Regional Learning Centre is a nut free and scent free space - Thank you!

# October 2018

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	1 Stress Busters for Family Caregivers Day 4 1:00-3:30	2 interRAI CHA 8:30-4:30 MHFA-Seniors Day 1 8:30-4:30 Conflict Management 9:00-12:00	3 interRAI CHA 8:30-4:30 MHFA-Seniors Day 2 8:30-4:30 Client Centred Care 1:00-4:00	4 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	5 NEW HIRE DAY 2 Professionalism 9:00-12:00	6
7	8 Holiday	9 The Working Mind Employees 12:30-4:30 Introduction to Continence 1:00-4:00	10 Advanced Infection Control 1:00-4:00	11 Introduction to 2SLGBTQ+ and Health Needs 1:00-4:00	12	13
14	15 The Working Mind Day 1 (Managers) 12:30-4:30 GPA-Recharged 9:00-11:00	16	17	18	19 Socio demographic data collection 9:00-12:00	20
21	22 The Working Mind Day 2 (Managers) 12:30-4:30	23 Medication Management 9:00-12:00	24 Insights and Inspiration for Family Caregivers: Conference 10:00-3:00	25 Safer Lifts and Transfers 8:30-12:30 Chronic Disease: COPD, PD 1:00-4:00	26 Introduction to Palliative Care 9:00-4:00	27
28	29 Stress Busters for Family Caregivers Day 1 1:00-3:30	30 CAPS and Care Planning 1:00-4:00	31	1	2	3

RLC Classes for Staff

RLC Classes for Managers

Family Caregiver Events

Classes for Staff and Managers

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# November 2018

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

27	28	29	30	1	2	3
4	5 Stress Busters for Family Caregivers Day 2 1:00-3:30	6 Client Centred Care 9:00-12:00	7 Conflict Management 9:00-12:00	8 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	9 NEW HIRE DAY 2 Professionalism 9:00-12:00	10
11	12 Stress Busters for Family Caregivers Day 3 1:00-3:30	13 Medication Management Part 1 1:00-2:30 GPA Basics 8:30-4:30	14 Cultural Competence 1:00-4:00	15 Documentation 10:00-12:00 Wound Prevention Part 1 1:00-2:30	16 The Working Mind Day 1 (Managers) 12:30-4:30	17
18	19 Stress Busters for Family Caregivers Day 4 1:00-3:30	20 Medication Management Part 2 1:00-2:30	21 Diabetes 9:00-12:00 Wound Prevention Part 2 1:00-2:30	22 interRAI Refresher 9:00-4:00	23 The Working Mind Day 2 (Managers) 12:30-4:30	24
25	26	27 MHFA - Seniors Day 1 8:30-4:30	28 MHFA - Seniors Day 2 8:30-4:30	29 Caregiver SOS 1:00-3:00 The Working Mind Employees 8:30-12:30	30	1

RLC Classes for Staff

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Family Caregiver Events

Classes for Staff and Managers

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# December 2018

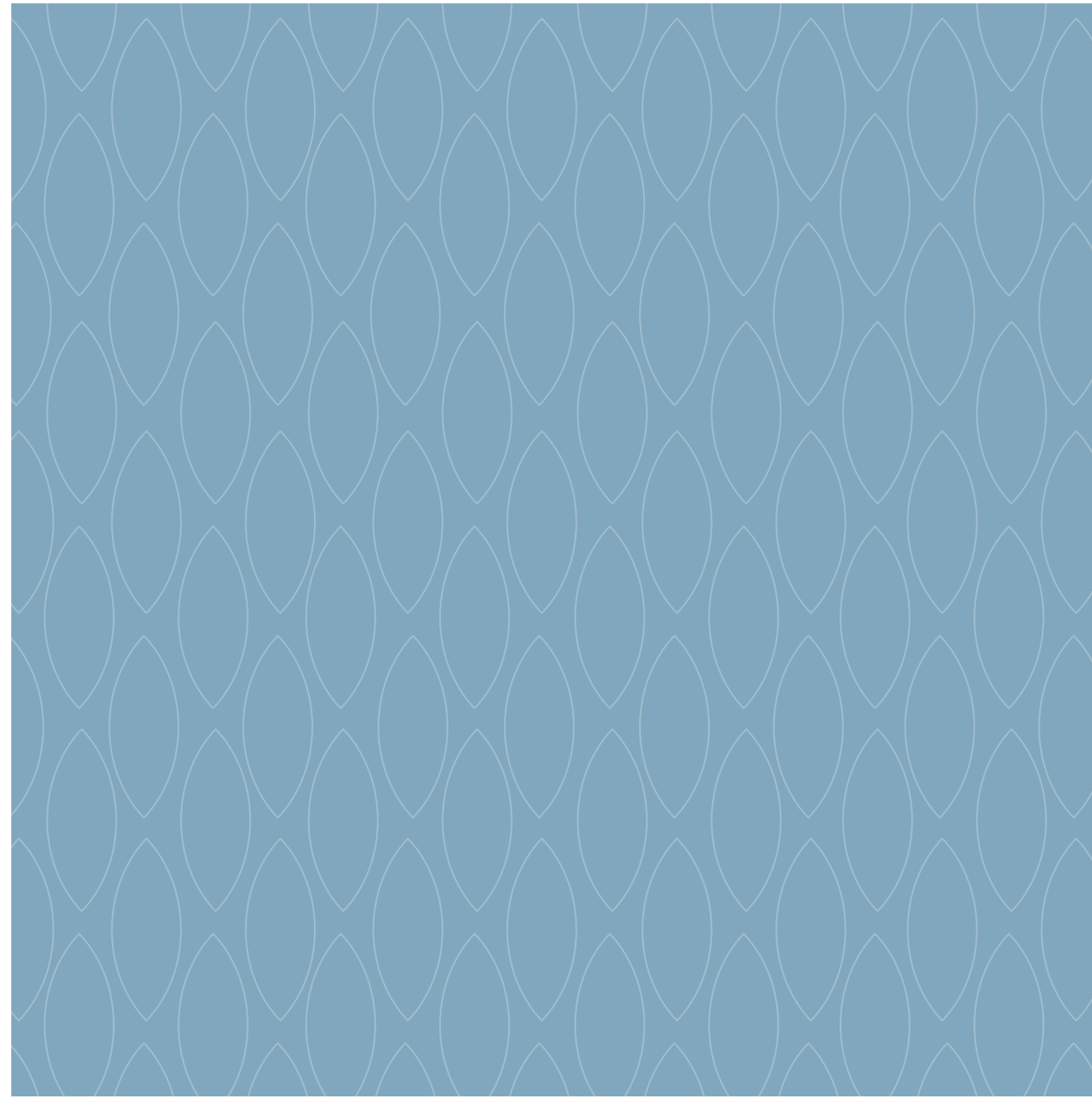
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4 Conflict Management 9:00 -12:00	5 The Working Mind Day 1 (Managers) 8:30-12:30	6 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	7 NEW HIRE DAY 2 Professionalism 9:00-12:00	8
9	10	11	12 The Working Mind Day 2 (Managers) 8:30-12:30	13 The Working Mind Employees 12:30-4:30	14	15
16	17	18	19	20	21	22
23	24	25 Christmas	26 Boxing Day	27	28	29

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