



# Education CALENDAR January-March 2019



MISSISSAUGA HALTON LHIN  
REGIONAL LEARNING CENTRE



**Ontario**

Mississauga Halton Local  
Health Integration Network  
Réseau local d'intégration  
des services de santé de  
Mississauga Halton



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# Quick Registration LINKS

Course Number	Course Title	Course Link
<b>STAFF 102:</b>	Professionalism	<a href="#">Click Here</a>
<b>MGR/STAFF 104:</b>	interRAI™ CHA Core and Functional Supplement Refresher Training	<a href="#">Click Here</a>
<b>MGR/STAFF 106:</b>	Gentle Persuasive Approaches™	<a href="#">Click Here</a>
<b>STAFF 109:</b>	Documentation & Reporting	<a href="#">Click Here</a>
<b>STAFF 110:</b>	Medication Management	<a href="#">Click Here</a>
<b>MGR/STAFF 112:</b>	Safer Lifts and Transfers	<a href="#">Click Here</a>
<b>MGR/STAFF 113:</b>	Introduction to Palliative Care	<a href="#">Click Here</a>
<b>STAFF 117:</b>	Client Centred Care	<a href="#">Click Here</a>
<b>STAFF 118:</b>	Conflict Management	<a href="#">Click Here</a>
<b>MGR/ STAFF 119:</b>	Wound Prevention	<a href="#">Click Here</a>
<b>MGR/STAFF 120:</b>	Chronic Disease- Introduction to Diabetes	<a href="#">Click Here</a>
<b>MGR/STAFF 121:</b>	Introduction to Urinary Continence	<a href="#">Click Here</a>

The mandate of the Mississauga Halton LHIN Regional Learning Centre is to provide education for the community support services sector and other community agencies funded by the MH LHIN. For a list of community organizations (excluding hospitals and Long Term Care) please visit: <http://www.mississaugahaltonlhin.on.ca/aboutus/hsps.aspx>



# Registration Deadline for CSS Agencies

In order to optimize utilization of the Regional Learning Centre (RLC), some of the sessions will be opened up to LHIN Service Provider Organizations as of January 21, 2019, **after** Community Support Service agencies have had a chance to register their staff. This will ensure that we fill as many seats as possible and hopefully avoid the need to cancel classes due to low registration. It will also support capacity building in the community and the growth of the RLC.

Please make sure to register your staff by the **JANUARY 20<sup>TH</sup>** deadline to reserve their spot in the following courses:

- Compassion fatigue
- Professionalism
- Conflict management

To ensure that your teams have a seat in these three course we have prioritized registration for community support service agencies – but you need to register by the registration deadline. After January 20th, registrations will be accepted, on a first come first serve basis, from both the community support service agencies and service provider organizations.

## New Hire Sessions

The Regional Learning Centre has set up a reoccurring set of sessions specifically designed for new hires to support agencies with training of new staff.

These sessions are open to all staff; however several spaces are reserved for new hires. Staff can attend both days, or pick and choose the courses that are most helpful.

New hire sessions include Medication Management, Safer Lifts and Transfers, and Professionalism.

<b>MGR/STAFF 123:</b>	Mental Health First Aid -Seniors™	<a href="#">Click Here</a>
<b>STAFF 130:</b>	The Working Mind™ for Employees	<a href="#">Click Here</a>
<b>MGR 131:</b>	The Working Mind™ for Managers	<a href="#">Click Here</a>
<b>MGR 132:</b>	Brief Action Planning™	<a href="#">Click Here</a>
<b>MGR/STAFF 133:</b>	Introduction to 2SLGBTQ+ and Health Needs	<a href="#">Click Here</a>
<b>MGR/STAFF 134:</b>	Cultural Competence	<a href="#">Click Here</a>
<b>MGR/STAFF 135:</b>	Chronic Disease: Introduction to Stroke and Heart Failure	<a href="#">Click Here</a>
<b>MGR/STAFF 136:</b>	Chronic Disease: Introduction to Chronic Obstructive Pulmonary Disease and Parkinson's Disease	<a href="#">Click Here</a>
<b>MGR/STAFF 137:</b>	Compassion Fatigue	<a href="#">Click Here</a>
<b>MGR/STAFF 138:</b>	Care Coordination Core Competencies	<a href="#">Click Here</a>

# Winter 2019 Courses

# Winter 2019 Courses

## MGR/STAFF 101: Advanced Infection Control for Community Workers

offsite request only

3 hours

This course explores infection control specific to client care in community settings. Topics will include:

- The principles of infection control
- Best practice procedures for hand hygiene, donning and doffing personal protective equipment (PPE)
- Antibiotic resistant organisms (AROs)
- Infection control techniques to stop pathogen transmission such as MSRA and VRA, C-Difficile, Influenza, and Varicella Zoster (Shingles)

## STAFF 102: Professionalism

3 hours

This course explores the concept of professionalism as it relates to the community support worker's practice. Topics that are discussed include:

- Legal and moral rights of the community care client and the principles that guide community support workers' practice
- The Regulated Health Professions Act (RHPA) and the unregulated care provider's (UCP) Scope of Practice
- The therapeutic relationship and client centered care

## MGR/STAFF 104: interRAI™ CHA Core and Functional Supplement **Refresher**

7 hours

A full day workshop where assessors will:

- Validate their knowledge of coding the interRAI CHA
- Improve their coding accuracy of the interRAI CHA
- Increase their confidence in using the information to facilitate client centered care and evaluate the care plan.

### **Pre-requisites**

- Previous training in interRAI CHA coding is required
- The completion of at least 10 interRAI CHA assessments is recommended
- Participants must have completed the Two Day interRAI CHA Core and Functional Supplement training to attend this session

**Note:** It is recommended that assessors who attended the Two Day interRAI CHA complete a refresher module annually.



## MGR/STAFF 106: Gentle Persuasive Approaches™ (GPA)

7 hours

This full day course aims to provide the participant with tools and strategies to safely and effectively manage responsive behaviours. Topics will include:

- The impact of dementia on the brain
- Principles of person centered care
- The meaning behind responsive behaviours exhibited by persons with dementia
- The A's of dementia and their relation to responsive behaviours
- Application of emotional, environmental, and interpersonal communication strategies that diffuse responsive behaviours
- The performance of suitable, respectful self-protective and intervention techniques to use in response to protective behaviours

The session is delivered by two GPA certified coaches.



## STAFF 109: Documentation and Reporting

3 hours

This course explores the best practices for documentation and reporting. Topics will include:

- Tips for clear, concise and client-centred documentation
- Concepts of privacy and confidentiality as per the Personal Health Information Protection Act (PHIPA)
- Situation, Background, Assessment and Recommendation (SBAR) process for reporting

**Note:** This course does not address specific documentation platforms.

## STAFF 110: Medication Management

3 hours

This course explores the community support worker's responsibilities when assisting with or administering medication to clients in the community. Topics will include:

- Factors that affect how well medications work
- The unregulated care provider's Scope of Practice as it relates to the Controlled Acts outlined in the Regulated Health Professions Act (RHPA)
- Safe medication management processes, including best practice when assisting or administering medication through various routes

# Winter 2019 Courses

## MGR/STAFF 112: Safer Lifts and Transfers 4 hours

This course will provide a refresher of hands on skills and updated techniques. Participants are advised to wear comfortable footwear. Topics that are discussed/practiced include:

- Principles of safer body mechanics
- The difference between lifts and transfers
- How injuries can occur to care providers
- Recognition of high risk client activities
- Using a Hoyer lift, sit-stand lift, and ceiling track lift
- Assisting a client with a variety of manual transfers
- Identification of factors that will contribute to client falls
- Falls prevention in the community

## MGR/STAFF 113: Introduction to Palliative Care 7 hours

This course explores the principles and philosophy of palliative care. Topics will include:

- Self-assessment of values and beliefs on death and dying
- Communicating with clients and families who are living with a life-limiting illness
- The physical, psychological and spiritual changes associated with dying
- The support worker's role in maximizing their clients' comfort and quality of life

## STAFF 117: Client Centred Care: Putting Patients First 3 hours

This course explores the principles of client centered care. Topics will include:

- The community support worker's role in a client centered environment
- How to develop care practices that support client centered work
- Communication strategies to support client centered care

## STAFF 118: Conflict Management 3 hours

This course aims to provide the participant with tools and strategies to manage conflict in the community, the workplace or even at home. Topics that are discussed include:

- Negative and positive outcomes of conflict
- Factors that contribute to conflict in the workplace
- Strategies and tips to prevent and manage conflict

**Please note:** This course is not intended for participants wanting to learn how to deal with difficult behavior in clients with a mental illness or cognitive impairment.

## MGR/STAFF 119: Wound Prevention 3 hours

This course will cover the role of role of frontline staff in preventing pressure ulcers and maintaining the skin health of clients. Topics will include:

- Risk factors for skin tears and pressure ulcers
- Signs, symptoms and causes of pressure ulcers
- Wound prevention methods
- Identification of potential areas where pressure ulcers can develop
- Identification of clients who are at a higher risk for skin breakdown
- Hands on practice of repositioning skills

## MGR/STAFF 120: Chronic Disease-Introduction to Diabetes 3 hours

At an introductory level, this course explores diabetes. Topics will include:

- The impact of diabetes on the individual, family, and their workplace
- The physiological changes that occur with diabetes and health complications
- The mental, physical, and social impact of living with diabetes
- How the community support worker can support client's self-management efforts (e.g. nutrition, blood sugar monitoring, and use of medications)

# Winter 2019 Courses

## MGR/STAFF 121: Introduction to Urinary Continence in partnership with Trillium Health Partners Continence Nurses 3 hours

This course explores the topic of continence. Topics will include:

- Learning how to discuss the topic of urinary incontinence with clients.
- How to differentiate between different types of urinary incontinence.
- Understanding conservative measures to promote urinary continence.
- Understanding when to ask for more help with clients with urinary incontinence.
- Understand the signs and symptoms of a true urinary tract infection.
- Apply learning to a case study



# Winter 2019 Courses

## MGR/STAFF 123: Mental Health First Aid – Seniors™

2 consecutive days (16 hours)

\*Participants must attend both days of an offered session consecutively to receive a certificate of completion\*

MHFA-Seniors is an adaptation of the MHFA Basics course that is intended to increase the capacity of staff in care settings and communities to promote mental health in seniors and intervene early when problems first emerge. The aims of the program include:

- Recognition of the symptoms of mental health problems or crises as they develop in seniors
- How to provide the initial help to seniors and guide a senior and their caregiver towards appropriate professional help
- Strategies and resources to support both seniors and their caregivers



## MGR/STAFF 124: Socio-Demographic Data Collection

offsite request only

3 hours

This course was created to support the collection of socio-demographic data in the MH LHIN by community agencies. Content for this course includes:

- Best practices, experiences, and challenges related to asking the core 8 socio-demographic questions within the health care & community settings
- Asking the 8 questions through role play and case studies.

**Pre Requisite:** This part consists of a 40 minute video which will lead you through the introduction for the training. This video should be viewed prior to attending the in-person training session. The link to the video will be included in the eventbrite registration communication you will receive once registered.

## MGR/STAFF 125: Data Analysis

offsite request only

2 hours

This training will focus on moving forward with the socio-demographic data process once it is collected. Topics to be discussed include:

- Data cleaning, verification, and overall management strategies
- Reporting the descriptive statistics and overall data trends
- Putting organizational data in the context of regional, provincial, and/or national comparative population demographics

The training session is intended for organizational staff and leadership who are directly responsible for the management, analysis, and reporting of socio-demographic data

# Winter 2019 Courses

## MGR/STAFF 126: Health Equity Impact Assessment (HEIA)

offsite request only

3 hours

This training will discuss the following:

- Increase familiarity with the concepts of health equity
- The relationship between health equity, social determinants of health and their impact on health
- The steps involved in conducting a HEIA and how to plan for successful implementation
- How to apply and modify the tool in your work

## MGR/STAFF129: Gentle Persuasive Approaches (GPA) Recharged™

2 hours

This refresher training is for participants who have completed the 8 hour GPA Basics course within the last two years. The session is delivered by a GPA Certified Coach.

- GPA-R enhances the skill set learned in GPA Basics, allowing participants to continue to provide compassionate, person-centered, and self-protective care in a workplace setting.

### Requirements

- Completion of Full Day (8 hour) GPA Basics course



# Winter 2019 Courses

## STAFF 130: The Working Mind™ for Employees

4 hours

This course explores mental health in the workplace. Topics will include:

- The Mental Health Continuum Model
- Self-assessment and promotion of mental health
- Reducing stigma in the workplace

**Please note:** There is a nominal \$10.00 fee per participant for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

## MGR 131: The Working Mind™ for Managers

2 half days (8 hours)

\*Participants must attend both days of an offered session consecutively to receive a certificate of completion\*

This course explores mental health in the workplace. Topics will include:

- The Mental Health Continuum Model
- Strategies to create a mentally healthy workplace
- Communicating with and supporting employees with mental health concerns
- The role and responsibilities of managers specific to workplace accommodations for mental health concerns

**Please note:** There is a nominal \$10.00 fee per person for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

The Working Mind



### PAYMENT PROCESS FOR THE WORKING MIND

Payment must be received at least **3 business days** prior to the date of training. Currently we will be accepting payment by certified cheques only. Cheques must be made payable to Nucleus Independent Living. Please send all cheques to:

ATTN: The Working Mind  
MH LHIN Regional Learning Centre  
2030 Bristol Circle, Suite 205  
Mailbox #8  
Oakville, ON L6H 0H2

Invoices will be issued upon request. A receipt of payment will be given on the training date to confirm payment has been received. NO REFUNDS will be granted, however, substitutions are welcomed. Substitutions must be forwarded to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) 24 hours prior to date of training.

Please note that staff will not be allowed to participate in the scheduled training at the Regional Learning Centre if payment has not been received in accordance to the outlined policy. No exceptions will be given.

Any questions or concerns can be emailed to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) or call 905-829-7006.

**Please Note:** Limited to eligible community support service agencies funded by the MH LHIN.

# Winter 2019 Courses

## MGR 132: Brief Action Planning™ (BAP) in partnership with Maximize your Health

4 hours

Brief Action Planning (BAP) is intended for individuals who work with clients and/or family caregivers. It is a self-management support technique that involves a structured step-by-step process to help clients and families set goals and make concrete action plans. You will learn the core principles of brief action planning including:

- Motivational Interviewing
- Behavioural change theory and research
- Emphasizing compassion, acceptance, partnership, and evocation to support clients/patients to make changes that are important to them

CCMI Centre for Collaboration  
Motivation & Innovation

## MGR/STAFF 133: 2SLGBTQ+ and Health Needs

in partnership with Rainbow Health Ontario

3 hours

This interactive workshop provides an overview of 2SLGBTQ+ in North America and a global perspective. The session addresses the history of 2SLGBTQ+, exploring the differences between sex and gender, sexual behavior versus sexual orientation and exploring gender identity and gender expressions. The participants will learn of various 2SLGBTQ+ terms and definitions, and health needs of gender independent children (GIC), 2SLGBTQ+ youth, adults, seniors, francophone, and racialized and newcomer 2SLGBTQ+ communities. We will explore an overview of trans related care; transition, hormones, access to transition related surgeries (TRS), inclusive pronouns and language, OHIP card, and all gender washrooms. The session used a blended learning style using didactic, videos, quiz/exercises and case scenarios.

### Learning Objectives

- Deconstruct 2SLGBTQ+ and stereotypes
- Gender identities and gender expressions; going beyond the binary
- Sexual behaviors vs. sexual orientations; broadening the definition of sexual fluidity
- Increase confidence to provide cultural competent services and programs to 2SLGBTQ+ communities



Rainbow Health Ontario

# Winter 2019 Courses

## MGR/STAFF 134: Cultural Competence in partnership with Maximize your Health

3 hours

This course provides an introduction to cultural competence for frontline staff. Topics to be discussed will include:

- Understanding the meanings of culture and cultural competence.
- Recognizing how personal biases affect the person and/or family and the provider relationship.
- Describing the relationship between cultural competence and family-centered care.
- Applying collaborative conversation techniques in community settings.

## MGR/STAFF 135: Chronic Disease- Introduction to Stroke and Heart Failure

NEW

3 hours

This course explores stroke and heart failure at an introductory level. Topics will include:

- The difference between acute and chronic disease
- The physiological changes that occur with each chronic disease
- How to identify and respond to changes in client's condition
- How the community worker can support a client's self-management efforts

## MGR/STAFF 136: Chronic Disease- Introduction to Chronic Obstructive Pulmonary Disease and Parkinson's Disease

NEW

3 hours

This course explores chronic obstructive pulmonary disease and Parkinson's disease at an introductory level. Topics will include:

- The mental, physical and social impact of living with a chronic disease
- The physiological changes that occur with each chronic disease
- Strategies to assist clients with activities of daily living
- How the community support worker can support a client's self-management efforts



# Winter 2019 Courses

## MGR/STAFF 137: Compassion Fatigue

NEW

3 hours

Compassion fatigue has been described as “the cost of caring” for others in emotional pain, which results in deep emotional and physical exhaustion. The work of helping requires health care professionals to open their hearts and minds to their clients, but it is this process which makes helpers vulnerable to being very affected by their work.

Topics will include:

- What is compassion fatigue?
- How does it differ from burnout?
- What are the signs and symptoms?
- What can someone do to cope with compassion fatigue?

## MGR/STAFF 138: Care Coordination Core Competencies

NEW

12 hours (2 days)

Building on what learners already know, these two sessions will provide a practical hands on approach using concepts that enhance core interpersonal functions of care coordination. Topics will include:

- Communication and Collaboration
- Therapeutic Alliance
- Solution Focused Negotiation
- Assessment
- Coordinated Care Plans (CCP)
- Navigation/Health Equity
- Care Transitions
- Patient Safety and Quality

**When registering, please ensure you select both session dates.**



# E-Learning at the RLC



The Regional Learning Centre is pleased to introduce a series of online learning modules for community support service agencies within the Mississauga Halton LHIN on health equity. These modules are available for staff to complete in addition to onsite training at the Regional Learning Centre. Our list of e-learning modules and course descriptions can be found below:

## Introduction to Cultural Competence

Cultural competence is an important part of providing excellent care for clients and consumers. This short module will review the definition of culture, and explore some myths of cultural competence.

## Culturally Competent Care

What does culturally competent client care look like? What role does bias play in the care that is provided (and what is bias, anyway?). This short module will explore these questions, and provide links to great resources for further learning.

## The Social Determinants of Health

Health is more than just exercise and eating well. This short module will introduce the learner to the social determinants of health and health equity.

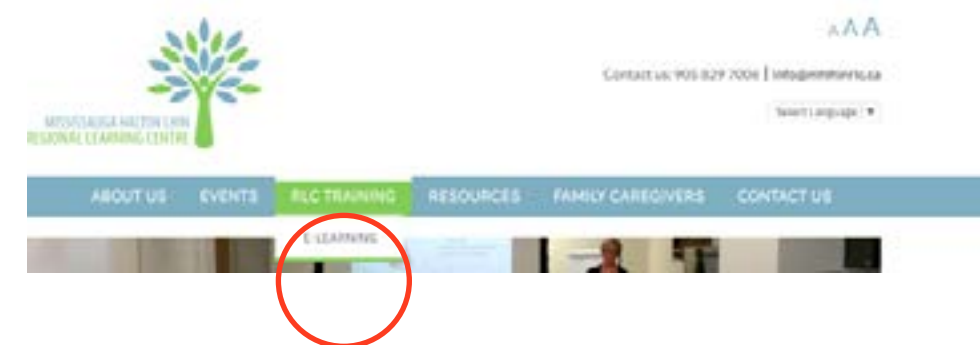


Access our E-Learning Modules below



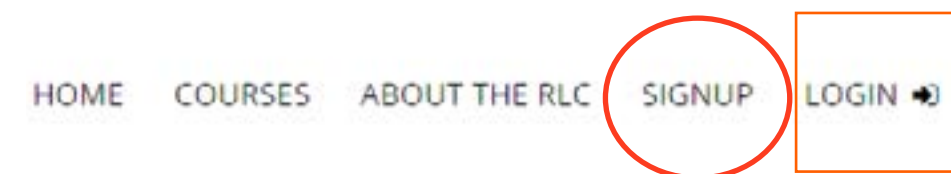
## Accessing RLC e-learning modules

Follow the steps below to access the RLC e-learning modules from the TalentLMS platform.



1

To access the e-learning modules, visit our website at [www.mhlhinrlc.ca](http://www.mhlhinrlc.ca). Hover over the RLC training tab, and the “e-learning” subheading will appear. Click on “e-learning” to be redirected to the e-learning home page.



2

Click “Sign Up” to request access to the e-learning modules. Or, if you’ve created an account, click “login” and enter the username and password.



3

To enroll in a course, search in the course catalog and click “get this course”. You will now be able to access modules via your home page. You will be able to save your progress during each module, and complete it at your own pace.

# Family Caregiver Quick Registration LINKS

Course Title	Course Link
Communication in Dementia Care	Register Here
Tips for Medication Safety for Caregivers	Register Here
Long Term Care and Waitlisting: Information for Family Caregivers	Register Here
Caregiver Respite	Register Here
Powerful Tools for Caregivers	email <a href="mailto:info@mhlhinrlc.ca">info@mhlhinrlc.ca</a> for more information

## Mobile Caregiver Education

Does your agency work with family caregivers? Interested in expanding your family caregiver offerings?

Contact the Regional Learning Centre to inquire about Caregiver Education Sessions at your organization. Popular topics include Dementia, Respite, and Self-Care.

To request a session at your location or get more information please send an email to [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) or call 905-829-7006.



# Family Caregiver Events

**Powerful Tools for Caregivers**  
6 Week Course  
January 25, February 1, 8, 15, 22 and March 1, 2019  
10-11:30 AM

*Powerful Tools for Caregivers* is a highly effective, evidence-based, self-care program that builds skills caregivers need to take better care of themselves as they provide care for others. This six week workshop series helps caregivers to reduce stress, improve self-confidence and communication, find balance and identify valuable community resources.

These workshops are not intended for professionals.

**Communication in Dementia Care**  
in partnership with Alzheimer Society of Peel  
January 18, 2019  
1-3:00pm

Learn about the 8A's of dementia and how they affect communication. Come learn tips and strategies on how to communicate effectively with a person living with dementia.

**Tips for Medication Safety for Caregivers**  
February 26, 2019  
1-2:30 PM

Learn how to help the person you are caring for take their medications correctly and safely. Topics of discussion will include:

- Questions to ask your doctor or pharmacist about medications
- What to think about when planning and travel or in an emergency
- How to give and store medication safely
- Resources to help you manage medications

**Caregiver Respite**  
March 7, 2018  
10:00 AM-12:00 PM

Learn more about respite options available to caregivers. A community Educator and Respite Advisor will be present to answer your questions.

**Long Term Care and Waitlisting: Information for Family Caregivers**  
in partnership with LHIN Home and Community Care  
March 19, 2019  
1-3:30pm

The Mississauga Home and Community Care will present on eligibility for Long Term Care, how to get on the waitlist, and what a crisis placement is.

All sessions are free of charge.

Respite available through Seniors Life Enhancement Centre for those individuals who require it.

Questions? Questions can be directed to Sandi Robinson at 905-829-4499 ext 109.

# Off-site Education

Would it be more convenient for an educator to come to you?

Not a problem! The Regional Learning Centre offers the following courses for off-site sessions. We kindly ask that all requests be made in a timely manner. All offsite requests will be granted on a **first come, first serve basis**.

Course Name	Length
Care Coordination Core Competencies	12 hours
Client Centred Care	3 hours
Chronic Disease- Stroke, Heart Failure	3 hours
Chronic Disease-COPD, Parkinson's Disease	3 hours
Chronic Disease-Diabetes	3 hours
Conflict Management	3 hours
Data Analysis	2 hours
Documentation and Reporting	3 hours
GPA Recharged™	2 hours
HEIA – Health Equity Impact Assessment	3 hours
Medication Management	3 hours
Socio-Demographic Data Collection	3 hours
The Working Mind™ for Managers*	8 hours
The Working Mind™ for Employees*	4 hours

**\*A nominal fee of \$10 per participant will be charged for The Working Mind Program**

Please note that sessions have been standardized and cannot be modified for length or content. We require a minimum of **6 participants** for all off-site sessions. There is no charge for off-site sessions for MH LHIN funded agencies.

We are also able to offer the above courses during an evening or a Saturday if this is helpful for your organization.

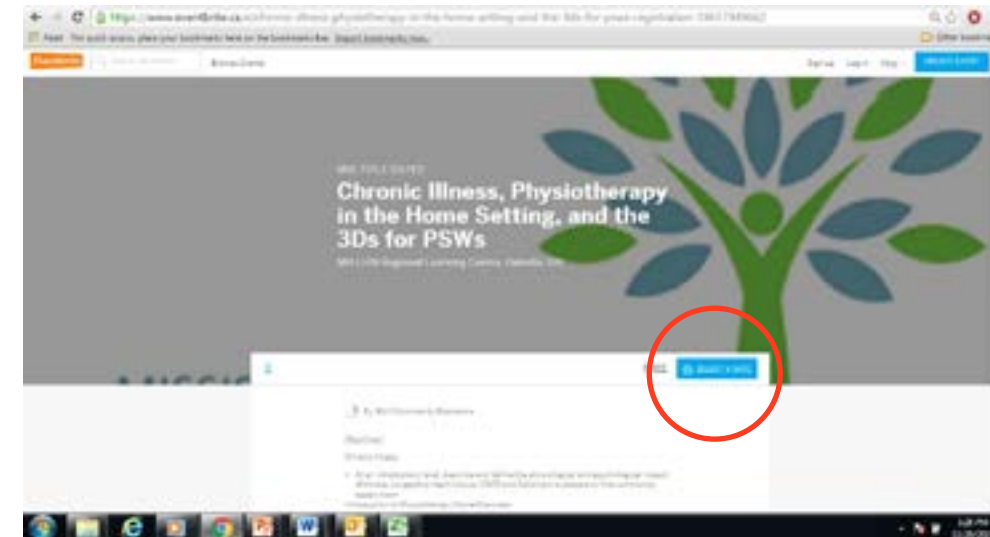
To request a session at your location or get more information please send an email to [info@mhlhnlrc.ca](mailto:info@mhlhnlrc.ca). Alternatively, please call the RLC at 905 829 7006 and an educator will be happy to discuss your request with you. You can find a copy of the offsite education request form below.



**Offsite Education Request Form**

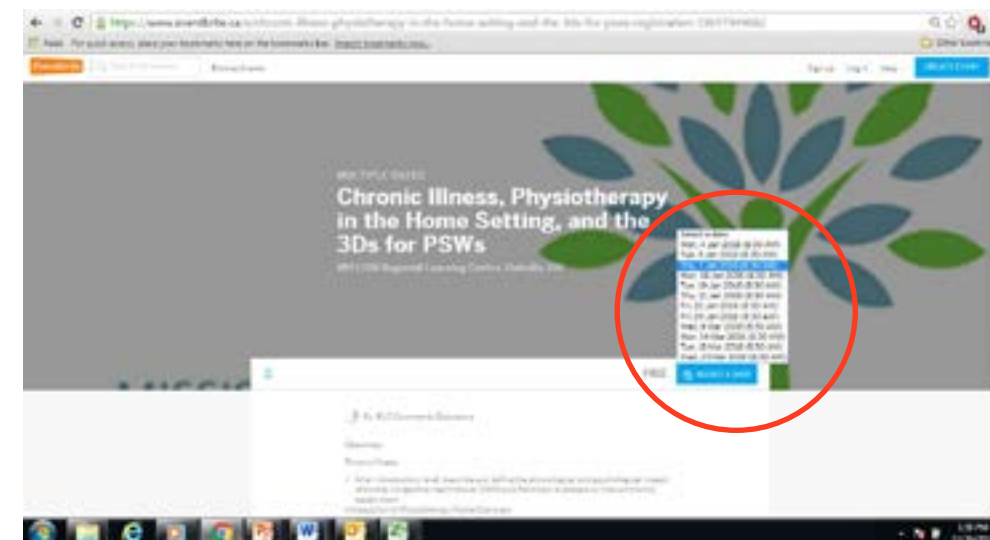
## Registration Instructions for Eventbrite Pages

Click on the link provided on the Quick Registration Links Page and follow the steps below to register for RLC courses using the Eventbrite platform.



**1** Select the course you are interested in from the RLC Training Calendar. Click on the corresponding registration link, which will bring you to an Eventbrite page similar to the one below.

**2** Click "Select a Date" (blue button).



**3** A drop-box of available dates will appear. Choose the date you are interested in from the list.

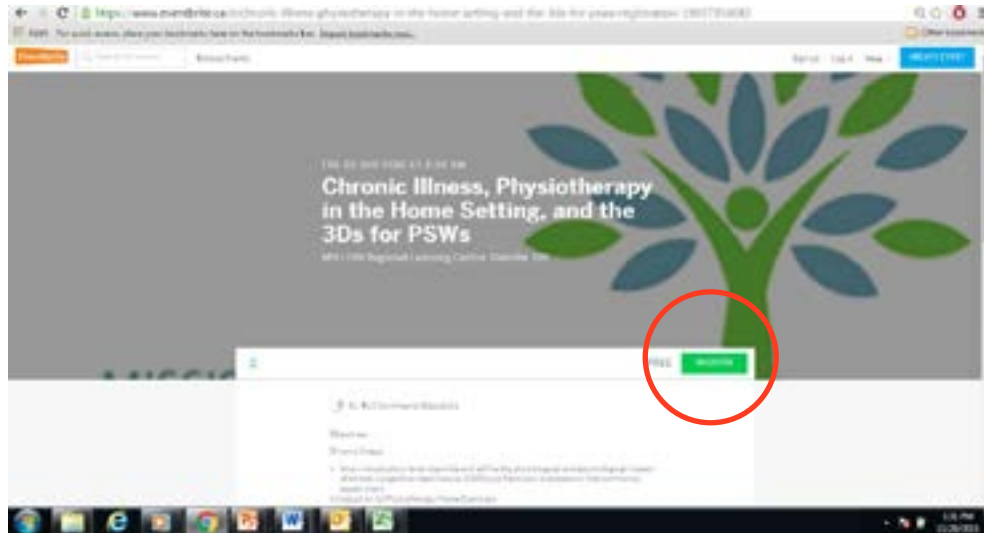
## Cancellation Policy

Classes are subject to cancellation up to **(5) business days** prior to the scheduled course offering. If you are registered in a course that is cancelled, you will receive a notification from the Regional Learning Centre (RLC). Should you need to cancel your registration, please email [registration@mhlhinrlc.ca](mailto:registration@mhlhinrlc.ca). If you have any questions please contact the RLC at [info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca) or call 905-829-7006.

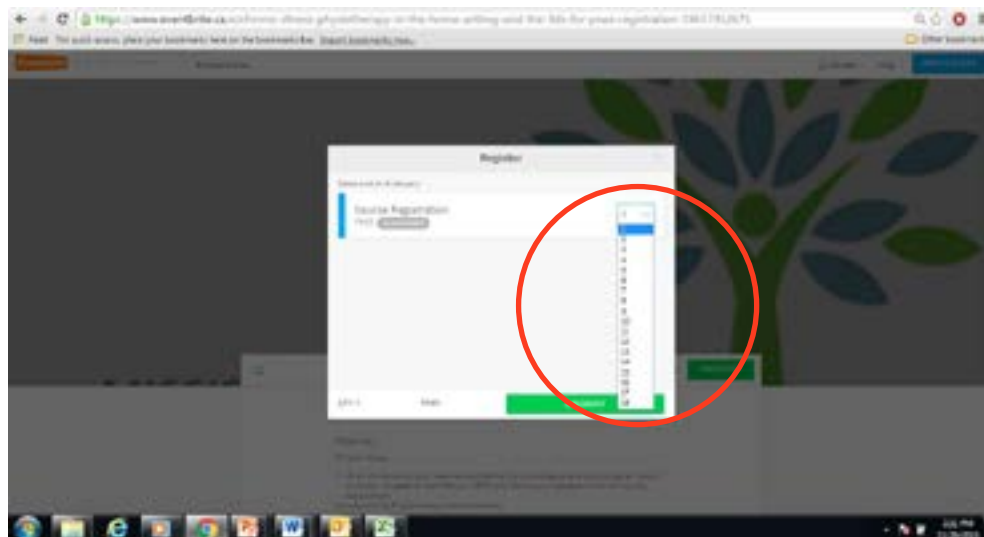
## Severe Inclement Weather

If a session needs to be cancelled due to severe inclement weather, there will be a cancellation message on the RLC general number at least 2 hours prior to course start time. The RLC will attempt to contact registrants to inform them of the cancellation. The number is 905-829-7006. If you are travelling from far away, please check the phone line 2 hours prior to class start time.

## General Information



4 Now click "Register" (green button).



5 Choose the number of attendees you would like to register for the session and click "Checkout" (green button). This will bring you to the usual registration page.

Location  
Mississauga Halton LHIN  
Regional Learning Centre  
2030 Bristol Circle, Suite 205  
Mailbox #8  
Oakville, ON L6H 0H2

Remember to pack your  
lunch for full day courses

Questions?  
Send your  
questions to  
[info@mhlhinrlc.ca](mailto:info@mhlhinrlc.ca)

Educators  
Taryn Bolt OT Reg. (Ont.)  
Sandi Robinson MSW, RSW  
Kiran Ghatora, RN, MN  
Marcia Annamunthodo, RN, BscN,  
MS(N), CCHN (C)

# January 2019

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

		1 HOLIDAY	2	3	4	5
6	7	8 Care Coordination Core Competencies Day 1 9:00-4:00	9	10 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	11 NEW HIRE DAY 2 Professionalism 9:00-12:00	12
13	14 Safer Lifts and Transfers 8:30-12:30	15 Care Coordination Core Competencies Day 2 9:00-4:00	16 Documentation 1:00-3:00	17	18 Communication in Dementia Care 1:00-3:00	19
20	21 Client Centered Care 9:00-12:00 Medication Management 1:00-4:00	22 GPA Basics 8:30-4:30 The Working Mind Employees 12:30-4:30	23 Medication Management 9:00-12:00	24 Safer Lifts and Transfers 8:30-12:30 Chronic Illness-HF-CVA 1:00-4:00	25 Powerful Tools for Caregivers 9:30-11:00	26
27	28	29 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	30 Medication Management 1:00-4:00	31 Wound Prevention 9:00-12:00 Compassion Fatigue 1:00-4:00		

RLC Classes for Staff

RLC Classes for Managers

Family Caregiver Events

Classes for Staff and Managers

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# February 2019

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

			30	31	1 Powerful Tools for Caregivers 9:30-11:00	2
3	4 Care Coordination Core Competencies Day 1 9:00-4:00	5 MHFA-Seniors Day 1 8:30-4:30 Chronic Disease-COPD, Parkinson's 9:00-12:00	6 Wound Prevention 9:00-12:00 MHFA-Seniors Day 2 8:30-4:30	7 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	8 NEW HIRE DAY 2 Professionalism 9:00-12:00 Conflict Management 1:00-4:00 Powerful Tools for Caregivers 9:30-11:00	9
10	11 Care Coordination Core Competencies Day 2 9:00-4:00 Medication Management 1:00-4:00	12 Documentation 10:00-12:00 The Working Mind Employees 12:30-4:30	13 Safer Lifts and Transfers 8:30-12:30 Cultural Competence 1:00-4:00 Client Centered Care 1:00-4:00	14 GPA Basics 8:30-4:30	15 Medication Management 9:00-12:00 Powerful Tools for Caregivers 9:30-11:00	16
17	18 Family Day Holiday	19 GPA Basics 8:30-4:30 Wound Prevention 1:00-4:00	20 Medication Management 9:00-12:00 Compassion Fatigue 1:00-4:00 Cultural Competence 1:00-4:00	21 Client Centered Care 9:00-12:00 Medication Management 1:00-4:00	22 Powerful Tools for Caregivers 9:30-11:00	23
24	25 Medication Management 9:00-12:00 Continence 1:00-4:00	26 Safer Lifts and Transfers 8:30-12:30 Tips for Medication Safety for Caregivers 1:00-2:30	27 Wound Prevention 9:00-12:00	28 Medication Management 9:00-12:00 The Working Mind Employees 12:30-4:30		

RLC Classes for Staff

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Family Caregiver Events

Classes for Staff and Managers

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# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24	25	26	27	28	1 Powerful Tools for Caregivers 9:30-11:00	2
3	4	5 Medication Management 9:00-12:00 The Working Mind Employees 12:30-4:30	6 Chronic Disease-Diabetes 9:00-12:00 Cultural Competence 1:00-4:00 Client Centered Care 1:00-4:00	7 NEW HIRE DAY 1 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00 What is Respite? 10:00-12:00	8 GPA 8:30-4:30 NEW HIRE DAY 2 Professionalism 9:00-12:00	9
10	11	12 Medication Management 9:00-12:00 Conflict Management 1:00-4:00	13 Palliative Care 9:00-4:00 Brief Action Planning 9:00-1:00	14 GPA 8:30-4:30	15 Safer Lifts and Transfers 8:30-12:30	16
17	18 Client Centered Care 9:00-12:00 Medication Management 1:00-4:00	19 interRAI CHA Refresher 9:00-4:00 Safer Lifts and Transfers 8:30-12:30 Long Term Care and Waitlisting 1:00-3:30	20 Wound Prevention 9:00-12:00 Medication Management 1:00-4:00	21 Safer Lifts and Transfers 8:30-12:30 2SLGBTQ+ and Health Needs 1:00-4:00	22 Medication Management 9:00-12:00	23
24	25 Safer Lifts and Transfers 8:30-12:30 Medication Management 1:00-4:00	26 Conflict Management 9:00-12:00 Wound Prevention 1:00-4:00	27 Medication Management 9:00-12:00 Compassion Fatigue 1:00-4:00	28	29	1

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