Education CALENDAR
April - June 2020
The mandate of the Mississauga Halton LHIN Regional Learning Centre is to provide education for the community support services sector agencies funded by the MH LHIN. For a list of eligible community organizations please visit: http://www.mississaugahaltonlhin.on.ca/aboutus/hsp.aspx

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What’s NEW!

NEW!

**Nonviolent Crisis Intervention**

The RLC now offers a 2-day course on crisis prevention & de-escalation techniques to keep staff and clients safe.

Find the link to register on the [Quick Links](#) page.

For more information, look for the [Course Description](#) on page 10.

**LGBT2SQ & Health Needs**

Register for this course to increase your confidence in providing culturally competent care to LGBT2SQ communities.

Find the link to register on the [Quick Links](#) page below.

For more information, look for the [Course Description](#) on page 10.

**interRAI CHA Updates**

The RLC now offers a new 3-hour session on the latest interRAI CHA updates v 9.1.4.

Find the link to register on the [Quick Links](#) page.

To learn more, look for the [Course Description](#) on page 10.
**Quick Registration LINKS**

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<td>Medication Management</td>
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## Quick Registration LINKS

<table>
<thead>
<tr>
<th>Course Title</th>
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<tr>
<td>Mental Health First Aid for Seniors</td>
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<td>Non-Violent Crisis Intervention</td>
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<td>Risk Management and Documentation for Supervisors</td>
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<td>Safer Lifts, Transfers and Medication Management for Supervisors</td>
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<tr>
<td>The Three D's: Delirium, Dementia and Depression</td>
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<tr>
<td>The Working Mind for Managers</td>
<td>[Click Here]</td>
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<tr>
<td>Wound Prevention</td>
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</tbody>
</table>
Advanced Infection Control
By request only
3 hours
This course explores infection control specific to client care in community settings.
Topics will include:
• The principles of infection control
• Best practice procedures for hand hygiene, donning and doffing personal protective equipment (PPE)
• Antibiotic resistant organisms (AROs)
• Infection control techniques to stop pathogen transmission such as MSRA and VRA, C-Difficile, Influenza, and Varicella Zoster (Shingles)

Care Coordination Core Competencies
12 hours (over 2 days)
Building on what learners already know, these two days will provide a practical hands on approach using concepts that enhance core interpersonal functions of care coordination.
Topics will include:
• Communication and Collaboration
• Therapeutic Alliance
• Solution Focused Negotiation
• Assessment
• Coordinated Care Plans (CCP)
• Navigation/Health Equity
• Care Transitions
• Patient Safety and Quality
Note: When registering for Care Coordination, please ensure you select dates for Day 1 and Day 2.

Chronic Disease: Introduction to Chronic Obstructive Pulmonary Disease [COPD] and Parkinson’s Disease [PD]
3 hours
This course explores chronic obstructive pulmonary disease and Parkinson’s disease at an introductory level.
Topics will include:
• The mental, physical and social impact of living with a chronic disease
• The physiological changes that occur with each chronic disease
• Strategies to assist clients with activities of daily living
• How the community support worker can support a client’s self-management efforts

Chronic Disease: Introduction to Diabetes
3 hours
At an introductory level, this course explores diabetes.
Topics will include:
• The impact of diabetes on the individual, family, and their workplace
• The physiological changes that occur with diabetes and health complications
• The mental, physical, and social impact of living with diabetes
• How the community support worker can support client’s self-management efforts (e.g. nutrition, blood sugar monitoring, and use of medications)
Course Descriptions

Chronic Disease: Introduction to Heart and Stroke
3 hours
This course explores stroke and heart failure at an introductory level.
Topics will include:
• The difference between acute and chronic disease
• The physiological changes that occur with each chronic disease
• How to identify and respond to changes in client’s condition
• How the community worker can support a client’s self-management efforts

Compassion Fatigue
3 hours
Compassion fatigue has been described as “the cost of caring” for others in emotional pain, which results in deep emotional and physical exhaustion. The work of helping requires health care professionals to open their hearts and minds to their clients, but it is this process which makes helpers vulnerable to being very affected by their work.
Topics will include:
• What is compassion fatigue?
• How does it differ from burnout?
• What are the signs and symptoms?
• What can someone do to cope with compassion fatigue?

Conflict Management for Staff
3 hours
This course aims to provide community staff with tools and strategies to manage conflict in the community, the workplace or even at home.
Topics will include:
• Negative and positive outcomes of conflict
• Factors that contribute to conflict in the workplace
• Strategies and tips to prevent and manage conflict
Note: This course is not intended for participants wanting to learn how to deal with difficult behavior in clients with a mental illness or cognitive impairment.

Conflict Management for Supervisors
3 hours
This course aims to provide community supervisors with tools and strategies to manage conflict in the community, the workplace or even at home.
Topics will include:
• Negative and positive outcomes of conflict
• Factors that contribute to conflict in the workplace
• Strategies and tips to prevent and manage conflict with staff and clients
Note: This course is not intended for participants wanting to learn how to deal with difficult behavior in clients with a mental illness or cognitive impairment.

Customer Service for Supervisors
3 hours
This course will define customer service as it relates to provincial and organizational guidelines. Topics will include:
• Customer service from a client centred perspective
• Managing client expectations
• The importance of communication in customer service
• Handling challenging situations
Documentation and Reporting

By request only

3 hours

This course explores the best practices for documentation and reporting.
Topics will include:
- Tips for clear, concise and client-centred documentation
- Concepts of privacy and confidentiality as per the Personal Health Information Protection Act (PHIPA)
- Situation, Background, Assessment and Recommendation (SBAR) process for reporting

Note: This course does not address specific documentation platforms.

Gentle Persuasive Approaches (GPA) Basic

7.5 hours

GPA Basics is an innovative dementia care education curriculum based on a person-centred care approach. Designed for interdisciplinary point of care staff across healthcare sectors, GPA Basics is delivered as four modules over a 7.5-hour day.

The session is evidence-based, interactive and practical. Two GPA Certified Coaches guide participants to fully understand responsive behaviours in order to be able to respond effectively and appropriately in a workplace setting.

GPA Basics also includes respectful self-protective and gentle redirection technique for use in situations of risk.

Gentle Persuasive Approaches (GPA) Recharged™

2 hours

This refresher training is for participants who have completed the 7.5 hour GPA Basics course within the last two years. The session is delivered by a GPA Certified Coach.

- GPA-R enhances the skill set learned in GPA Basics, allowing participants to continue to provide compassionate, person-centered, and self-protective care in a workplace setting.

Pre Requisite: Completion of Full Day (7.5 hour) GPA Basics course within the last two years.

Health Equity Impact Assessment (HEIA)

By request only

3 hours

This training will discuss the following:
- Increase familiarity with the concepts of health equity
- The relationship between health equity, social determinants of health and their impact on health
- The steps involved in conducting a HEIA and how to plan for successful implementation
- How to apply and modify the tool in your work
interRAITM CHA Core and Functional Supplement Training - Introduction

12 hours (2 days)

A comprehensive two-day workshop where assessors will learn:

• How to complete the interRAI CHA Core Assessment and Functional Supplement
• How to use the interRAI CHA manual to ensure standardized coding of the assessment
• The importance of accurate coding to ensure a valid CAPs report and Outcome reports
• The link between information gathered in the interRAI CHA assessment and the triggered CAPs and Outcome Measures and Scales

Note: Please bring the interRAI Community Health Assessment (CHA) Form and User’s Manual to use during the training. Visit the www.interrai.org interRAI for more information about purchasing manuals.

interRAITM CHA Core and Functional Supplement Refresher

7 hours

A full day workshop where assessors will:

• Validate their knowledge of coding the interRAI CHA
• Improve their coding accuracy of the interRAI CHA
• Increase their confidence in using the information to facilitate client centred care and evaluate the care plan

Pre-requisites

• Previous training in interRAI CHA coding is required
• The completion of at least 10 interRAI CHA assessments is recommended
• Participants must have completed the Two Day interRAI CHA Core and Functional Supplement training to attend this session

Note: It is recommended that assessors who attended the Two Day interRAI CHA complete a refresher module annually.

interRAITM CHA CAPs and Care Planning

3 hours

A 3-hour workshop for participants who have attended interRAI CHA 2 day training. Topics to be included:

• The importance of accurate coding to ensure a valid CAPs report
• The link between information gathered in the interRAI CHA assessment and the triggered CAPs and Outcome Measures and Scales
• How CAPs focuses on the client’s function and quality of life, by considering their needs, strengths, and preferences
• The importance of addressing all triggered CAPs in the development of a care plan

Note: Please bring the interRAI Clinical Assessment Protocols (CAPs): For Use with Community and Long-Term Care Assessment Instruments manual to use during the training. Visit the www.interrai.org interRAI for more information about purchasing manuals.

interRAI™ CHA - Interactive Care Plan Creation

3 hours

A 3-hour workshop where learners bring a current CAPs report and Outcome Measures and Scales report which will be used during this interactive session to create a comprehensive care plan.

Note: learners are expected to black out all client identifiers on client documents prior to bringing them to the session.

interRAITM CHA - Updates

3 hours

A 3-hour workshop for learners who have attended the 2-day InterRAI CHA core and functional supplement training, as well as the CAPs and Care Planning session. The workshop will review the updated content of the interRAI CHA v 9.1.4.
Introduction to LGBT2SQ and Health Needs
in partnership with Rainbow Health Ontario

6 hours

This interactive workshop provides an overview of LGBT2SQ in North America and a global perspective. The session examines the social context and history of LGBT2SQ exploring the differences between sex and gender, sexual behavior versus sexual orientation and exploring gender identity and gender expressions. The participants will learn of various LGBT2SQ terms and definitions, and health disparities affecting gender independent children (GIC), LGBT2SQ youth, adults, seniors, and newcomer communities. We will explore an overview of transgender related care; transition, hormones, access to transition related surgeries (TRS), inclusive pronouns and language, OHIP card, and all gender washrooms.

Participants will learn of resources and clinical guidelines on PrEP, HRT, TRS to provide culturally and clinically competent practices with an intersectional lens to provide client centred care. The session uses a blended learning style utilizing didactic, videos, exercises and care scenarios.

Learning Objectives:

• Explore a global perspective and state sanctioned policies, laws and impact of minority stress on LGBT2SQ
• Understand the difference between sexual behaviours vs sexual orientation, explore gender identities and gender expression
• Increase confidence to provide culturally competent services and programs to LGBT2SQ communities

Introduction to Palliative Care
7 hours

This course explores the principles and philosophy of palliative care. Topics will include:

• Self-assessment of values and beliefs on death and dying
• Communicating with clients and families who are living with a life-limiting illness
• The physical, psychological and spiritual changes associated with dying
• The community support worker’s role in maximizing their clients’ comfort and quality of life

Introduction to Urinary Continence
in partnership with Trillium Health Partners Continence Nurses

By request only
3 hours

This course explores continence. Topics include:

• Learning how to discuss the topic of urinary incontinence with clients
• How to differentiate between different types of urinary incontinence
• Understanding conservative measures to promote urinary continence
• Understanding when to ask for more help with clients with urinary incontinence
• Understand the signs and symptoms of a true urinary tract infection
Medication Management

3 hours

This course explores the community worker’s responsibilities when assisting with or administering medication to clients in the community.

Topics will include:

- Factors that affect how well medications work
- Understanding various drug classifications, drug actions and observations
- The unregulated care provider’s Scope of Practice as it relates to the Controlled Acts outlined in the Regulated Health Professions Act (RHPA) and their employer’s policies and procedures
- Safe medication management processes, including best practice when assisting or administering medication through various routes

Mental Health First Aid – Seniors™

2 consecutive days (16 hours)

MHFA-Seniors is an adaptation of the MHFA Basics course that is intended to increase the capacity of staff in care settings and communities to promote mental health in seniors and intervene early when problems first emerge.

The aims of the program include:

- Recognition of the symptoms of mental health problems or crises as they develop in seniors
- How to provide the initial help to seniors and guide a senior and their caregiver towards appropriate professional help
- Strategies and resources to support both seniors and their caregivers

Note: Participants must attend both days of a session consecutively to receive a certificate of completion

Non-Violent Crisis Intervention

2 consecutive days – 6 hours each day

(must attend both days)

Nonviolent Crisis Intervention® training equips staff and supervisors with skills, confidence, and an effective framework to safely manage and prevent difficult behaviour. This course will build skills to promote care, welfare, safety and security during interventions.

This training benefits all staff and supervisors by assisting them to enhance communication skills, build relationships, and minimize the risk of injury.

Topics This course include:

- The CPI Crisis Development Model SM
- Use of nonverbal and verbal communication to prevent and de-escalate a potentially difficult situation
- Use of disengagement skills to protect oneself from potential harm and injury

Person Centred Care

3 hours

This course explores the principles of person-centered care.

Topics will include:

- The community support worker’s role in a person-centred environment
- How to develop care practices that support person-centred work
- Communication strategies to support person-centered care
Preventing Elder Abuse

3 hours

Elder abuse happens across our society, and all older individuals are at risk for elder abuse. This course will assist community staff to identify, respond, report and prevent elder abuse to protect clients safety.

Topics will include:
- Identifying, responding, reporting and preventing elder abuse
- How to document identified elder abuse
- The importance of professionalism as it relates to community practice and the prevention of elder abuse

Risk Management and Documentation for Supervisors

3 hours

This course explores the roles and responsibilities of supervisors related to health and safety and how to document relevant discussions with staff.

Topics will include:
- Legislative requirements to ensure health and safety
- Identifying risk factors for safety in the community setting
- Applying proper documentation standards
- Using SBAR for reporting

Safer Lifts and Transfers

4 hours

This course will provide a refresher of hands on skills and updated techniques. Participants are advised to wear comfortable footwear.

Topics that are discussed/practiced include:
- Principles of safer body mechanics
- The difference between lifts and transfers
- How injuries can occur to care providers
- Recognition of high risk client activities
- Using a floor lift, sit-stand lift, and ceiling track lift
- Assisting a client with a variety of manual transfers
- Identification of factors that contribute to client falls

Safer Lifts and Transfers & Medication Management for Supervisors

3 hours

This course explores the supervisor’s role and responsibilities related to supporting staff with client handling, and medication management. Participants are advised to wear comfortable footwear. Topics will include:
- Principles of safer body mechanics
- Principles of medication management processes
- Demonstration of client handling techniques, including the use of equipment
- Relevant legislation (e.g. WSIB and the RHPA)
The Three D’s: Delirium, Dementia and Depression

3 hours

Delirium and dementia are the most common causes of cognitive impairment in older adults, but depression can also affect thinking and reasoning. These conditions are not part of normal aging. Delirium, dementia and depression are different from one another, but it can be hard to distinguish between them because their signs and symptoms are so similar. Further, people can have more than one of these conditions at the same time.

Learn how to identify the key features of each one, and how to provide care for someone experiencing delirium, dementia and/or depression.

Wound Prevention

3 hours

This course will cover the role of the community support worker in preventing pressure ulcers and maintaining the skin health of clients.

Topics will include:

• Risk factors for skin tears and pressure ulcers
• Signs, symptoms and causes of pressure ulcers
• Wound prevention methods
• Hands on practice of repositioning skills
• Identification of potential areas where pressure ulcers can develop
• Identification of clients who are at a higher risk for skin breakdown
Course Descriptions

The Working Mind™ for Employees
4 hours
Designed by the Mental Health Commission of Canada
This course explores mental health in the workplace. Topics will include:
• The Mental Health Continuum Model
• Self-assessment and promotion of mental health
• Reducing stigma in the workplace

Note: There is a nominal $10.00 fee per participant for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

The Working Mind™ for Managers
8 hours Total
Designed by the Mental Health Commission of Canada
*Participants must attend 8 hours consecutively of an offered session to receive a certificate of completion*
This course explores mental health in the workplace. Topics will include:
• The Mental Health Continuum Model
• Strategies to create a mentally healthy workplace
• Communicating with and supporting employees with mental health concerns
• The role and responsibilities of managers specific to workplace accommodations for mental health concerns

Note: There is a nominal $10.00 fee per participant for this course. This fee is for your certificate and goes to the Mental Health Commission of Canada.

PAYMENT PROCESS
Invoices will be issued after staff have attended the session. Do not bring cash or cheques to the session.

Once your agency has received the invoice, please pay by cheque (make cheques payable to Nucleus Independent Living). Please send all cheques to:

ATTN: The Working Mind
Nucleus Independent Living
2030 Bristol Circle, Suite 110
Oakville, ON L6H 0H2

A receipt of payment will be issued on request. Any questions or concerns can be emailed to info@mhlhinrlc.ca or call 905-829-7006.

Note: The Working Mind sessions are limited to eligible community support service agencies funded by the MH LHIN.
General Information

Cancellation Policy

Classes are subject to cancellation at least (5) business days prior to the scheduled course offering. If you are registered in a course that is cancelled, you will receive a notification from the Regional Learning Centre (RLC). Should you need to cancel your registration, or if you have any questions please contact the RLC at info@mhlhinrlc.ca or call 905-829-7006.

Late Policy

Participants are given fifteen (15) minute grace period regarding the arrival or departure time for all training sessions. In order to reduce disruptions to the participants and the facilitator, and to ensure that you experience the maximum benefit, participants who do not arrive within the allotted fifteen (15) minutes, will not be permitted to attend the training. Participants will be asked to sign up for the next session which fits their schedule.

Location
Mississauga Halton LHIN Regional Learning Centre
2030 Bristol Circle, Suite 205
Oakville, ON L6H 0H2

Participants are welcome to bring their lunch to sessions, as lunch is not provided by the RLC.

Questions can be directed to info@mhlhinrlc.ca

Facilitators
Kiran Ghatora RN, MN
Marcia Annamunthodo RN, MS(N), IBCLC, CCHN (C)
Carol Fitzpatrick RN, BScN, MEd
The Regional Learning Centre is pleased to introduce a series of online learning modules for community support service agencies within the Mississauga Halton LHIN on health equity. These modules are available for staff to complete in addition to onsite training at the Regional Learning Centre. Our list of e-learning modules and course descriptions can be found below:

For Community Workers
Short refresher e-learning modules which highlight key concepts from in-class sessions.

- Medication Management
- Documentation
- Safer Lifts & Transfers

Introduction to Cultural Competence
Cultural competence is an important part of providing excellent care for clients and consumers. This short module will review the definition of culture, and explore some myths of cultural competence.

Culturally Competent Care
What does culturally competent client care look like? What role does bias play in the care that is provided (and what is bias, anyway?). This short module will explore these questions, and provide links to great resources for further learning.

The Social Determinants of Health
Health is more than just exercise and eating well. This short module will introduce the learner to the social determinants of health and health equity.

Access our E-Learning Modules below
Accessing RLC e-learning Modules

Follow the steps below to access the RLC e-learning modules from the TalentLMS platform.

1. To access the e-learning modules, visit our website at www.mhlhlnrlc.ca. Hover over the RLC training tab, and the “e-learning” subheading will appear. Click on “e-learning” to be redirected to the e-learning home page.

2. Click “Sign Up” to request access to the e-learning modules. Or, if you’ve created an account, click “login” and enter the username and password.

3. To enroll in a course, search in the course catalog and click “get this course”. You will now be able to access modules via your home page. You will be able to save your progress during each module, and complete it at your own pace.
Family Caregiver
Quick Registration LINKS

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Course Link</th>
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<tbody>
<tr>
<td>Powerful Tools for Caregivers</td>
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Family Caregiver Events

Powerful Tools for Caregivers
6 Week Course every Tuesday starting
Tuesday April 7th, 2020
Time: 1pm-2:30pm
In partnership with Maximize Your Health

*Powerful Tools for Caregivers* is a highly effective, evidence-based, self-care program that builds skills caregivers need to take better care of themselves as they provide care for others. This six week workshop series helps caregivers to reduce stress, improve self-confidence and communication, find balance and identify valuable community resources.

All sessions are free of charge.

Respite available through Seniors Life Enhancement Centre for those individuals who require it.

Questions?
Call us at 905-829-7006

Please note:
These workshops are *not* intended for professionals.
Off-site Education

Would it be more convenient for an educator to come to you? Not a problem! The Regional Learning Centre offers the following courses for off-site sessions.

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<thead>
<tr>
<th>Course Name</th>
<th>Session Length</th>
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<tr>
<td>Advanced Infection Control</td>
<td>3 hours</td>
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<tr>
<td>Care Coordination Core Competencies</td>
<td>Two 6 hour sessions</td>
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<tr>
<td>Client Centred Care</td>
<td>3 hours</td>
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<tr>
<td>Compassion Fatigue</td>
<td>3 hours</td>
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<tr>
<td>Conflict Management</td>
<td>3 hours</td>
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<tr>
<td>Documentation &amp; Reporting</td>
<td>3 hours</td>
</tr>
<tr>
<td>GPA-Recharged</td>
<td>2 hours</td>
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<tr>
<td>HEIA- Health Equity Impact Assessment</td>
<td>3 hours</td>
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<tr>
<td>Chronic Disease: Introduction to COPD and PD</td>
<td>3 hours</td>
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<tr>
<td>Chronic Disease: Introduction to Diabetes</td>
<td>3 hours</td>
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<tr>
<td>Chronic Disease: Introduction to Heart and Stroke</td>
<td>3 hours</td>
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<tr>
<td>Medication Management</td>
<td>3 hours</td>
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<tr>
<td>Preventing Elder Abuse</td>
<td>3 hours</td>
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<tr>
<td>The Three D’s: Delirium, Dementia and Depression</td>
<td>3 hours</td>
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<tr>
<td>*The Working Mind for Employees</td>
<td>4 hours</td>
</tr>
<tr>
<td>*The Working Mind for Managers and Supervisors</td>
<td>8 hours OR two 4 hour sessions</td>
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<tr>
<td>Wound Prevention</td>
<td>3 hours</td>
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*There is no charge for MH LHIN funded CSS agencies for most courses. There is a charge of $10.00 per participant for The Working Mind Program. These funds go to the Mental Health Commission of Canada to cover the cost of participant certificates.

We require a minimum of 6 participants for all off-site sessions.

To request a session at your location or get more information please email the RLC at info@mhlhinrlc.ca or call 905 829 7006 and an educator will be happy to discuss your request with you.
Many Eventbrite registration pages now have a new look. Click on the link provided on the Quick Registration Links Page and follow the steps below to register for RLC courses using the Eventbrite platform.

1. Select the course you are interested in from the RLC Training Calendar. Click on the corresponding registration link, which will bring you to an Eventbrite page similar to the one below.

2. Click “Select a Date” (blue button).

3. A drop-box of available dates will appear. Choose the date you are interested in from the list.
Registration Instructions for Upgraded Eventbrite Pages

4 Now click “Register” (green button).

5 Choose the number of attendees you would like to register for the session and click “Checkout” (green button). This will bring you to the usual registration page.
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<th>DAY</th>
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<td>Sunday</td>
<td>6. Customer Service for Supervisors 12:30-4:30pm</td>
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<tr>
<td>Monday</td>
<td>7. Powerful Tools for Caregivers 1pm-2:30pm</td>
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<tr>
<td>Tuesday</td>
<td>8. Safer Lifts and Transfers 8:30am-12:30pm</td>
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<tr>
<td>Wednesday</td>
<td>9. Chronic Disease: Diabetes 9am-12pm</td>
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<tr>
<td>Thursday</td>
<td>1. Conflict Management for Staff 9am - 12pm</td>
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<tr>
<td>Friday</td>
<td>2. Good Friday</td>
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<td>Saturday</td>
<td>3. Easter Monday</td>
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<tr>
<td>Sunday</td>
<td>4. Easter Monday</td>
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<tr>
<td>Monday</td>
<td>5. The 3Ds 1pm-4pm</td>
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<tr>
<td>Tuesday</td>
<td>6. Gentle Persuasive Approaches 8:30am-4:30pm</td>
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<tr>
<td>Wednesday</td>
<td>7. Safer Lifts and Transfers 8:30am-12:30pm</td>
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<tr>
<td>Thursday</td>
<td>8. Chronic Disease: Diabetes 9am-12pm</td>
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<tr>
<td>Friday</td>
<td>9. Chronic Disease: Diabetes 9am-12pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>1. Conflict Management for Staff 9am - 12pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>2. Good Friday</td>
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**The Regional Learning Centre is a nut free and scent free space - Thank you!**
May 2020

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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**RLC Classes for Staff**
**RLC Classes for Supervisors**
**Family Caregiver Events**

The Regional Learning Centre is a nut free and scent free space - Thank you!
June 2020

SUNDAY  MONDAY  TUESDAY  WEDNESDAY  THURSDAY  FRIDAY  SATURDAY

1  2  3  4  5  6

7  8  9  10  11  12

13  14  15  16  17  18

19  20  21  22  23  24

25  26  27  28  29  30

RLC Classes for Staff
RLC Classes for Supervisors
Family Caregiver Events

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